

# District 14-E Westmoreland County Newsletter

October 2024



## "Look for the Helpers."

This was Fred Rogers' advice for how parents could reassure children when faced with a crisis or disaster, most famously shared by Rogers in the wake of the events of September 11, 2001.

Our own Lions International (LI) is known for its swift and effective disaster relief efforts. Lions Clubs International Foundation (LCIF) has been actively supporting communities affected by natural disasters, including Pennsylvania Lions District 14-G and the flooding caused by the aftermath of Hurricane Debby. In response, LCIF awarded a \$10,000 Emergency Flood Relief grant to help Lions in District 14-G provide immediate assistance. This grant is part of LCIF's broader effort to support disaster relief operations, which includes various stages from immediate response to long-term recovery. These grants

help meet essential needs such as food, water, clothing, and medical supplies, ensuring that aid reaches those in need quickly. The Lions' commitment to service and their ability to mobilize resources efficiently make them a vital part of disaster relief efforts.

While there isn't specific information available about LCI's response to Hurricane Helene, as of the writing of this note, it's highly likely that LCI and LCIF will be involved in providing aid, given the severity of damage along the Florida Gulf Coast and throughout the Southeastern US. LCI often works alongside other organizations to ensure that essential supplies, such as food, water, and medical aid, reach those in need. **Please consider supporting LCIF Disaster Relief when you contribute to LCIF, whether through your club or individually (or both). It really will come back to benefit our area Lions when we need it most. We are helpers.**

For the latest updates, you can keep an eye on the Lions Clubs International Disaster Relief page at <https://www.lionsclubs.org/en/give-our-focus-areas/disaster-relief>.

Don't forget the Halloween Party on 10/13 at Level Green. Hope to see you there!

**DG Jeff Jordan**

Jeffreybob14e@gmail.com

It's more than just a number...

THERE! I said it! Mission 1.5 has us all laser-focused on boosting our membership numbers – from a modest net gain of 1 to an ambitious gain of 26. But here's the thing: it's not just about that quota or bragging rights. What truly matters is the experience we create for our new members. Are we ensuring they feel welcomed, valued, and part of something bigger? What are we doing to integrate them into our community, so they know they made the right choice? This is about building a lasting, engaged community, not just ticking off numbers.

Bringing new members into our Lions Club is always an exciting time. However, the real work begins after they join. It's crucial to ensure that our new members feel welcomed, valued, and integrated into our club from day one. Here are some key steps we can take to make sure our new members have a positive and engaging experience:

### **Membership Orientation and Mentoring**

#### **1. Comprehensive Orientation:**

- **Introduction to the Club:** Provide new members with a thorough introduction to our club's history, mission, and ongoing projects. This helps them understand the bigger picture and their role within it.
- **Club Structure and Key Contacts:** Explain the club's structure, introduce them to key members, and provide contact information for officers and committee chairs. This makes it easier for them to know who to reach out to with questions or ideas.

#### **2. Mentoring Program:**

- **Assign a Mentor:** Pair each new member with an experienced Lion who can guide them through their first few months. This mentor can help answer questions, provide support, and introduce them to other members.
- **Regular Check-ins:** Schedule regular check-ins between the mentor and the new member to discuss their experiences, answer any questions, and ensure they are feeling comfortable and engaged.

#### **3. Involvement in Activities:**

- **Encourage Participation:** Get new members involved in club activities and projects as soon as possible. This hands-on involvement helps them feel like an integral part of the team.
- **Committee Involvement:** Invite new members to join committees that align with their interests and skills. This not only helps them contribute meaningfully but also allows them to connect with other members.

#### **4. Sponsors – Mass Induction:**

- **Make it special:** Make attending the District Mass Induction Ceremony on November 6<sup>th</sup> a priority. Encourage your new members to attend as your guest and don't let them miss out on this very important milestone in their Lion's journey. This is a one-time opportunity!

### **Upcoming District Mixer (Club Support Training #2)**

We are thrilled to announce our first-ever District Mixer, scheduled immediately following our next Cabinet Meeting on Saturday, November 2nd. This event is a fantastic opportunity for our new members to meet and network with District Cabinet members, Past District Governors, Committee Chairpersons, and Lions from other clubs.

#### **Why Attend the District Mixer?**

- **Networking:** New members will have the chance to build relationships with experienced Lions and learn from their experiences.
- **Learning Opportunities:** They will gain insights into the district's operations and discover various opportunities to get involved at a higher level.
- **Community Building:** This mixer is an excellent way to foster a sense of community and belonging among our members, both new and seasoned.

By focusing on these steps, we can ensure that our new members feel welcomed, supported, and excited to be part of our Lions Club. Let's continue to build a strong, engaged, and vibrant community together.

*VDG Lion Lisa G*

# The International Association of Lions Clubs

Lions International®



Jeffrey Jordan  
District Governor, Westmoreland County Lions  
District 14-E, Pennsylvania, USA 2024-2025  
358 McWilliams Road  
Trafford, PA 15085-9747  
412-418-3646  
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## **NOTICE OF SECOND CABINET MEETING: 11/02/2024**

**TO:** CABINET OFFICERS AND COMMITTEE CHAIRPERSONS, CLUB PRESIDENTS AND SECRETARIES, ALL LIONS AND LEOS

**DATE:** SATURDAY, NOVEMBER 2, 2024

**PLACE:** LEVEL GREEN COMMUNITY BUILDING  
123 MURRYSVILLE RD, TRAFFORD, PA 15085

**TIME:** **8:45 am** PAST DISTRICT GOVERNORS MEETING (Past District Governors only)  
**9:15 am** PRE-CABINET MEETING (Current District Cabinet only)  
**9:30 am** CABINET MEETING (all Lions members and club representatives) – includes a service project

**(12:00 – 2:00 pm** DISTRICT MIXER/pizza lunch, RSVP to 1VDG Lisa Gismondi)

**ATTENTION:** Please provide a full written report to DG Jeff Jordan by Saturday, October 26 so that copies can be provided at the cabinet meeting. Only summary reports are to be delivered aloud at the cabinet meeting and will be limited to three minutes. Full details can be shared in the written report as needed.



## **District 14-E Mass Induction Ceremony Wednesday, November 6, 2024**

### **NOTICE TO ALL**

Recently, invitations were sent out to all new members (between Sept 2023-Sept 2024), along with their sponsors, all clubs, PDGs and District Cabinet Members.

**This Celebration is open to ALL District 14-E Lions!!**

**If you would like to attend:**

**Ferrante's Lakeview  
Route 30, Greensburg, PA**

**6:00PM Cash Bar 7:00PM Dinner**

**Dinner is the choice of Lakeview Cod or Italian Beef Bracirole**

*(a gluten free option will be available at request)*

*attire: Semi-formal*

*(District Cabinet Members: formal dress)*

**Cost is \$30 per person**

**If you would like to attend, please RSVP to Lion Mark Tintori @  
tintori185@comcast.net or 724.836.5067**

**[Please RSVP no later than October 21, 2024]**

# Lions Lunchables



A Project of the  
Delmont,  
New Alexandria,  
and  
Slickville  
Lions Clubs

Backpack Program  
Providing Students  
With Food on the  
Weekends.



## Lions Lunchables Food Drive

Collecting items for our school year  
backpack program.

November 2 at the  
District 14-E Cabinet Meeting

See additional page for shopping list.

The Delmont, New Alexandria, and Slickville Lions Club would like  
to thank YOU for your support of this program.

# Lions Lunchables

Backpack Program  
Providing Students  
With Food on the  
Weekends.



A Project of the  
Delmont, New Alexandria,  
and Slickville Lions Clubs



The Delmont, New Alexandria, and Slickville Lions Clubs have kicked off a project called Lions Lunchables. Lions Lunchables helps provide food to students in need at the Metzgar Elementary School (part of the Greensburg-Salem School District).

During the academic school year, a significant portion of students benefit from school breakfast and lunch programs; however, the same students are left without similar support on the weekend and that's where we as Lions come in.

## Engaging our Youth

Lions are dedicated to engaging youth in our communities helping them to learn and develop.

## Relieving the Hunger

Lions improve access to healthy food for vulnerable populations in the community.

**Donations are what makes this program possible—both food and \$\$\$.**

\$15.00 will feed one child per weekend of the program.

\$30.00 will feed one child for a month.

\$270.00 will feed one child for the entire school year.

Donations can be made online at the link seen here.



Food donations will also be collected from anyone that wishes to help by providing any of the following items:

- Oatmeal Packs
- Fruit Cups
- Pudding Cups
- Granola Bars
- Pop-top Campbell's Soup
- Pop-top Chef Boyardee
- Pop-top Mac and Cheese
- Goldfish or Cheez-it Crackers
- Individual Size Sunny D
- Capri Sun
- Animal Crackers

For more information contact Lion Amanda Remic - akbrant@atlanticbb.net

**To all Westmoreland County Lions!**

**Get to know your District!**

**Please RSVP by October 21<sup>st</sup>.**

*(If you are a District Leader and would like to participate, please reach out to VDG Lisa G)*

## **DISTRICT MIXER**

**YOU ARE INVITED TO OUR FIRST EVER DISTRICT MIXER!**

**WHEN: SATURDAY, NOVEMBER 2, 2024 12-2PM**

*(Immediately following Cabinet Meeting)*

**WHERE: LEVEL GREEN COMMUNITY BUILDING  
123 MURRYSVILLE RD, TRAFFORD, PA 15085**

**JOIN US IMMEDIATELY FOLLOWING THE CABINET MEETING  
TO HAVE SOME PIZZA AND LEARN ABOUT YOUR DISTRICT.**

- **MEET DISTRICT CABINET MEMBERS, VARIOUS COMMITTEE CHAIRPERSONS, AND LIONS FROM OTHER CLUBS IN YOUR DISTRICT**
  - **FIND OUT MORE ABOUT WHAT WE DO AND WHY WE DO IT**
  - **CABINET MEETING STARTS PROMPTLY AT 9:30AM.**
  - **PLEASE RSVP: \_\_\_ CABINET MEETING & MIXER (STARTING 9:30AM)  
\_\_\_ MIXER ONLY (STARTING - 12:00PM - 2:00PM)  
\_\_\_ CABINET MEETING ONLY**
- EMAIL YOUR RSVP TO : LISGIS67@GMAIL.COM**



**Did you remember to RSVP to the Halloween party yet?  
RSVP TODAY! There's still time.**

*Westmoreland County District 14e Lions*  
**HALLOWEEN  
PARTY**



**SUNDAY, OCT. 13, 2024  
1:00-4:00 PM**

*Level Green Lions Building  
123 Murrysville Road*

RSVP to DG Jeff Jordan at  
[Jeffreybob14e@gmail.com](mailto:Jeffreybob14e@gmail.com)

~~~~~  
\$5 per person  pizza & snacks

*Costumes encouraged!*



Dear Lions,

## October is Medication Label Safety Awareness Month.



Of course, with our aging population, many of us are relying on more medications, and often have difficulty reading the labels. If you or a loved one has encountered this challenge, then ScripTalk is the solution for you. It is a **FREE**, easy-to-use service, available at thousands of pharmacies throughout the United States (and Canada) that will read your medication information aloud. These pharmacies include Wal-Mart, CVS, Target, and many others.

In the United States, the Food and Drug Administration estimates that **1.3 million people suffer from medical errors each year**. Consequently, talking prescription labels are crucial to ensuring medication safety for those with diminished eyesight.

### How Does It Work?

A pharmacist programs a small electronic label with all of your prescription information, including the drug name, dosage, instructions, side effect warnings, pharmacy information, doctor's name, prescription number, date, and more. The tag relies on radio frequency identification and text-to-speech technology.

The pharmacist places the tag on your prescribed medication where you can use a free mobile ScripTalk App to hear your information read aloud, after downloading the App from the [App Store](#) or [Google Play](#). Simply click the "scan" button while holding the bottle up to the front of the screen (iPhones) or on the back of the phone case near the camera (Androids). [Click here to see how the App works.](#)

Alternatively, you can use a ScripTalk Station, which is about the size of an old, portable CD player or phone messaging machine by placing the pill bottle on the machine and pressing the "Read" button. The two triangle buttons on either side of the oval "read" button can advance forward or rewind through the prescription information. Furthermore, there is a small wheel on the right side of the machine to turn it on and regulate the volume. [Click here to learn how the ScripTalk Station works..](#)



## KEY FEATURES

Pharmacist stores all of your information on a small electronic tag that fits any size or shape medication container

Free Mobile App or Free ScripTalk Station reads all your prescription label information aloud

Medications translate 25 available languages

## **Audible Labels Translated For You**



By using the Mobile App or a ScripTalk Station Reader, you'll be able to hear your vital prescription information read aloud in one of 25 available languages.

ScripTalk Mobile App can be set to your preferred language, or En-Vision America can ship a ScripTalk Station Reader, already programmed in your chosen language.

Translated Information includes:

- Drug Name, Dosage and Instructions
- Warnings
- Pharmacy Information
- Doctor's Name
- Prescription Number and Date

## **Optional ScripTalk Travel Case**



## SPECIAL FEATURES

Front pouch stores the ScripTalk unit

Holds up to 15 medications

Insulated with cold/freeze pack for any medications that must remain cold

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Padded to ensure protection during travel  
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Keeps medications and ScripTalk reader together in one convenient place

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Adjustable shoulder strap or handle for easy carrying.

To get started, call En-Vision America at [1-800-890-1180](tel:1-800-890-1180)

Hopefully, they can help you or someone you know to safely take their medication.

This service is just another way for us to “Make Our Mark” this year. Please share this vital information.

Thanks for all that you do.  
Yours in Service,  
Cindy Gregg, PID (2013-2015)

*The Lions of Pennsylvania*

**Pajama Drive**

OCT 25TH

COLLECTING NEW PAJAMAS.

JUST SHOP MY AMAZON WISHLIST FROM THE COMFORT OF YOUR HOME. PURCHASES WILL BE SHIPPED DIRECTLY TO ME AND I'LL TRANSPORT THEM TO THE DRIVE.

**LIONS INTERNATIONAL**

The link to the wish list can be found on the pinned post at the top of my page. DM or Email me : [lsgis67@gmail.com](mailto:lsgis67@gmail.com) with any questions. Details are in that pinned post. Thank you for your support!

Here is the Amazon wishlist link: [https://www.amazon.com/hz/wishlist/ls/2QNS04E92WFEO?ref=wl\\_share](https://www.amazon.com/hz/wishlist/ls/2QNS04E92WFEO?ref=wl_share)

(if you have any issues, please send me an email, and I'll send you the link that way! )

# ***Reading Under the Stars***

## ***Final Report and Pictures***

*Submitted by PID Cindy Gregg*

The Rostraver Township Lions Club, in partnership with the Belle Vernon Area School District, presented "Reading Under the Stars" on August 8 at the James Weir Stadium. Despite the rainy weather, many families attended and enjoyed the educational games, themed prize baskets of books, and eye screenings. Our goal was to provide books to all 1250 elementary school students, which was exceeded. Due to reduced costs from various book distributors, each child was able to select several books to add to their draw-stringed school bag that was donated by the school district and the school's PTA.

This project was an excellent opportunity for our Lions Club to partner with the school district, to reintroduce our Peace Poster contest, and to discuss ways to make this an annual event, with some modifications. Of course, we were extremely grateful to the Lions of Pennsylvania Foundation (LOPF) for awarding us a \$1250 grant to help offset the cost of the books. We also received a gift certificate from the Belle Vernon Wal-Mart and a generous monetary donation from the Fayette City-Washington Township Lions Club. In addition, the Rostraver Township Lions designated the June Barbeque as a fundraiser for this cause.

We also appreciated IPDG Amy and PDG Chuck Thompkins, and PDG Sam Snively for assisting our club members with the eye screenings to utilize our new Titmus eye screeners that were also acquired through an LOPF grant.

Plans are already underway for next year's "Reading Under the Stars" that will include an age-appropriate movie, along with various themed baskets, reading games, a variety of books for the children to select, as well as eye screenings, and a few surprises.

Westmoreland County Lions have been very fortunate to receive several LOPF grants this year. Of course, PDG Lance Remic, our Board representative has been instrumental in ensuring that our applications were complete and advocating for our causes. Thanks, PDG Lance.



So how were the Rostraver Twp Lions able to get a grant from the Lions of Pennsylvania Foundation? It begins with a well thought out plan and then an application. Westmoreland County Lions are also very lucky to have PDG Lance Remic as our Board representative who can assist clubs who may be interested in doing something similar or have an idea of their own for consideration. Below is the final grant report that the Rostraver Twp lions completed as part of the requirements once a grant has been awarded.



## LOPF FINAL GRANT REPORT

*Must be submitted 30 days after project is completed.*

Please include the following information:

Details concerning the results of the project, and in particular, information concerning the exact use of funds made available through the Lions of Pennsylvania Foundation.

Include photographs, newspaper clippings, and other documentation of work completed.

Please provide documentation of how the project was promoted as a Lions project and/or was supported by the Lions of Pennsylvania Foundation.

See #11 under Regulations For Grants and #9 under Grant Criteria.

*(You may use additional sheets if needed)*

Name of Project being reported: "Reading Under the Stars"

Name of Lions Club: Rostraver Township Lions Club

Name of District: 14-E

Person submitting report: Cindy Gregg, PID

Address & Phone: 1130 Willowbrook Road, Rostraver Township, PA 15012

724-872-0707 (Home) 412-916-7012 (Cell)

Sorry to be past the 30 days, but with the Forum, I've been busy. Likewise, since we hadn't received the check, I wasn't too concerned about completing the report. Fortunately, the Rostraver Township Lions covered the cost, in anticipation of receiving the LOPF check.

"Reading Under the Stars" was held on August 8 at the James Weir Stadium. Despite the rainy weather, many families did attend and enjoyed the games, prize baskets of themed books, and eye screenings. Our goal was to provide books to every elementary school student, which was exceeded. Due to reduced costs from various book distributors, each child was able to select several books to add to the draw-stringed school bag that was donated by the school district and PTA. This project was an excellent opportunity for our Lions Club to partner with the school district, to reintroduce our Peace Poster contest, and to discuss making this an annual event, with some modifications. Of course, the administrators realize that the Lions of Pennsylvania Grant was a onetime opportunity. However, the Rostraver Township Lions have discussed designating one of our monthly barbeques as a fundraiser to help offset the cost of this project in the future. Plans for next year include an age appropriate movie, along with the baskets, reading games, choice of books, and eye screenings.

Thank you for enabling us to participate in this outstanding youth event. After all, children are the future, and reading is vital to their life's enjoyment, as well as to the success of our country.

I have attached some pictures from that evening.

Thank you, again, for all that you do for the Lions of Pennsylvania.

Respectfully submitted,

Cindy Gregg, PID

Happy Fall Fellow Lions!!

It looks as if the cooler weather is here to stay along with the colorful leaves falling to blanket the ground.

Did you know that over 820 million people in the world don't have enough food to eat? Did you know that 45% of children under the age of five die from nutrition related causes? Did you know that in the United States alone, one in nine people suffer from hunger? Did you know that Lions Clubs International Foundation (LCIF) offers grants to Lions Districts ranging from \$10,000-\$100,000 to aid in eliminating Hunger?

Hunger issues are increasing steadily, and LCIF Hunger Grants can be used to support school feeding programs, food banks, feeding centers, and other hunger related supports. Hunger is a complicated challenge in that despite global production being sufficient to feed the entire population, chronic hunger remains a chronic problem. With political and economic instability, rising food and energy prices and climate change all being contributing factors, one fact remains prevalent—Hunger related challenges are urgent and cannot be ignored.

Your support of LCIF through your individual and club donations make these grant opportunities possible to help those who are experiencing food insecurities. If you have any questions, please reach out to me or research the LCIF website for more information.

And just a reminder, I will be contacting your club to visit and do a brief LCIF presentation before the Lion's year is over.

Also, I sent out an email a few weeks back to the clubs who do not have an LCIF Coordinator assigned. Thank you to those who volunteered for their club, and to those who have not volunteered yet, if I do not hear from your club by October 31<sup>st</sup>, this position will be assigned to your Club President...so please, volunteer before the draft!

Yours In Service,  
*IPDG Amy*





# LEADERSHIP

Lions,

Autumn is here. Getting ready for the Holidays—decorating for Halloween? Post some pictures, let's see how creative you can be. Fall is my best time of the year. There are good ideas for us as Lions to get involved with each other and our neighbors by doing small projects together. With the leaves falling and piling up, we can hop from yard to yard and help those in need to clean up and bag up their leaves. Those involved with community parks, park clean up can lead into the park closing for the season.

Lions, what I am trying to get you to think about is LEADERSHIP! Look around, big or small projects involving our everyday schedule are all around us just waiting for us. All we need to do is put on our thinking caps and figure out the who, what, when and where and then get started! Without leadership, projects are and will be hard to complete. Structure is the key for success. We all need to think about why we have leaders. Keeping the same role in your clubs is not going to help in the long run. Every day, things change. Roles in clubs needs to change as well. New lions in a new role could mean new ideas. New ideas bring new leaders. By switching up roles, this could break the same old stale cycle. The past is the past. We are today and the future. When we don't have leadership, what happens? Things fall apart, the negativity increases, and we become frustrated and bad things happen. Please don't become part of this hazardous cycle.

Lions, just a reminder, our/your District is in need of Zone Chairpersons. Please look into seeking out those fellow Lions that want to grow with our District. I know there are Leaders around us. If you are interested or would like more information, please contact me!

Keep up the good work and keep moving in a positive direction!

Yours In Service,  
*PDG/GLT Chuck*





# MEMBERSHIP

## GLOBAL MEMBERSHIP TEAM – BRING SOMEONE TO THE NEIGHBORHOOD

### DISTRCT 14-E MEMBERSHIP

#### 686 Members

District Membership stands at 686 Lions.

Last month we learned of DG Jeff's membership goals for the District. He has pledged a +26 net membership growth and 2 new Lions Clubs in the District. These goals belong to us all. We all play part in achieving this success.

These goals trickle upwards to our Multiple District. MD14 has the goal of creating nineteen Lions Clubs and bringing in 1,391 members this year.

Congratulations to the Delmont and Youngwood Lions Clubs (+1) for their membership growth efforts this past month.

#### *Neighbors in Service Make Your Mark*



### BRING SOMEONE TO THE NEIGHBORHOOD

*Bring Someone was the idea introduced last year of bringing in new Members to Lionism. We will focus this year on bringing in those Members to our Neighborhoods. While our Clubs are part of and Serve the Neighborhoods we are from, we will focus on those Clubs as Neighborhoods in themselves and the bonds we have as Lions.*

#### Mission 1.5 – Mission Possible

Lions number one Service is to spread Lionism. We need to constantly be bringing in new members and starting new Lions Clubs so that we are able to increase our ability to serve the communities we call home. When we work to fundraise or to do projects, we should do the same amount of work to grow Lionism.

Mission 1.5 is a collective commitment to sustaining and expanding our legacy of service as Lions. We need to welcome people to our Lions Clubs and make them feel eager to contribute.

We need to create a welcoming atmosphere and to mentor and guide new members so that we provide a strong support system and foster a sense of belonging.



#### Growth Team

Your Club should have a Membership Chairperson. This person leads your Club's membership team. Who else makes up this team? Your Club President, VP's, Secretary, Board Members, Committee Chairs, General Membership.... It takes everyone possible to make Membership growth a success. The District has growth team members that can help support your Club as well. We have our District's Global Action Team, our Zone Chairpersons, and Guiding Lions. If you are a successful Lion recruiter in your Club we need your help as part of our District level growth team.





## Partnerships

Get out there and start looking for those groups that our Lions structure can help support. They already have the members of their groups and organizations and our infrastructure can compliment their group. Our mission of improving health and well-being by supporting those in need through humanitarian services might give them a focus that their membership does not have already. These people might make good branch Clubs to your already existing Club. They are then a source of more hands to help with the projects that your Club already does.

## Contact Me

PDG Lance H. Remic, D-GMT  
122 Country Lane  
Export, PA 15632  
724-309-6750  
lremic@hotmail.com

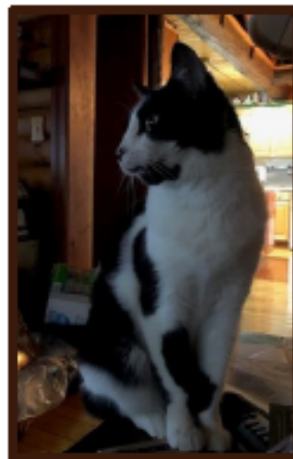
## Questions and Answers

**Q: Is Mission 1.5 an impossible goal for Lions to achieve?**

**A:** Mission 1.5 is not impossible...but rather Mission Possible. It all depends on your attitude and effort in helping to find new members for our Lions Clubs and to think of groups of people that might help form new Lions Clubs in our District. We need to look beyond who would make a good member in just our own Clubs but who might serve better in another Club nearby.

**Q: Do you want to do more for membership growth and do you have ideas that you think might help impact overall membership growth in our Clubs and the District?**

**A:** If so, we want you as part of our membership team. We are looking to do some pretty big things in the District during the upcoming months and we need the help of everyone. We have a lot of work to do and can better share these tasks with a strong team. If you would like to know more about this growth and the opportunities out there, please reach out to one of the District Leadership team members.





# New Members!

## Welcome to the New Members of District 14-E

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**Name:**

Mary Piper  
Jacob Silvis

**Club:**

Delmont  
Youngwood

**Sponsor:**

PDG Amy Thompkins  
Fred Wineman



# SERVICE

[← Back to report](#)

SERVICE METRICS

83  
Overall Activity Count in FY

22,946  
Overall People Served in FY

3,552  
Overall Volunteer Hours in FY

28%  
Clubs Reporting in FY

## SERVICE

November is Diabetes Awareness month. Did you know that we work with the Lions in District B? Proceeds provide financial assistance to patients with diabetes in Allegheny and Westmoreland Counties who can't afford prescription medications. It also provides diabetes awareness education on the negative impacts of diabetes to improve self-management. The LDBAW is holding a Strides Walk on November 10<sup>th</sup> at Westmoreland mall. If you have any questions about this great service, that is provided with assistance from Independence and UPMC hospitals, feel free to contact them.

**Thank you to the Bushy Run, Delmont, Manor, Mount Pleasant Township, New Alexandria, Rostraver Township, Sewickley Area, Vandergrift, Youngwood, and Yukon for entering your club service chairs into the Lion Portal.**

In addition to the many ways Lions and Leos serve locally, we also work together to support our global causes: childhood cancer, diabetes, disaster relief, environment, humanitarian, hunger, vision and youth. Districts have been asked to help by promoting two of our causes this year.

Fresh approaches to service can deliver greater community impact and member satisfaction. New service projects also provide new opportunities to attract new members.

Could your club better support your community by expanding how you serve? Here are resources to help you consider, implement, and celebrate service across our causes:

- Information about our causes starts on our [Ways We Serve webpage](#), including new resources for childhood cancer, diabetes, environment and hunger.
- Quick start service ideas can be downloaded from our [Service Toolkit page](#).
- On our [Project Planners webpage](#), the new *Serving Your Cause* planner can help you organize a service activity to support any cause.
- Global cause logos can be found on the [logos and emblems page](#).

And service leaders at all levels can track service progress in our causes with the Insights reports available through the [Lion Portal](#).

Thank you  
PDG Charlie McGrew  
14E GST



## PROJECT IDEAS DIABETES

### LEARN

- Work with a healthcare professional to organize an educational talk about diabetes, pre-diabetes, prevention and management at your club or district meeting.
- Facilitate a discussion about diabetes to encourage club members to share their personal connections to the disease.
- Visit/explore the website of your national diabetes association and other organizations to learn more about diabetes.
- Share a low glycemic index snack at your club meeting and ask a nutritionist or diabetes educator to teach club members and their families about interpreting food labels.
- Sign-up for MyLION and learn how Lions and Leos are getting involved in diabetes service.
- Download an app that educates and encourages healthy lifestyle choices. Invite club members to participate in a healthy lifestyles related challenge.

### ACT // BEGINNER

- Donate a diabetes magazine subscription or diabetes-related books to your local library.
- Invite a role model with diabetes to a local school to talk about healthy lifestyle choices.
- Sponsor a child to attend a diabetes camp and/or supply a camp with needed supplies.
- Post monthly notices on your club or district website and social media accounts, sharing available community resources for people with or at risk of diabetes.
- Write about healthy lifestyle choices in your community or school newspaper.
- Organize a Strides: Lions for Diabetes Awareness event in your community.
- Develop a list of patient resources and services and distribute them to Lions and the public.

### ACT // INTERMEDIATE

- Partner with healthcare professionals to organize a screening for diabetes, diabetic retinopathy and diabetic foot.
- Promote diabetes prevention through social media campaigns or radio announcements.
- Volunteer for a day at a diabetes camp. Visit [www.diabetescamps.org](http://www.diabetescamps.org) to find a camp near you.
- Sponsor a healthy cooking demonstration for people with diabetes and pre-diabetes.
- **Organize a weekly walking club at your place of work and share a healthy snack afterwards.**
- Bring fresh fruits or vegetables to an elementary school classroom to encourage children to try a variety of healthy foods.
- Collaborate with a healthcare professional to organize a physical activity and promote exercise.
- Donate needed exercise equipment to a community center or school.

### ACT // ADVANCED

- **Organize a community support group for people diagnosed with diabetes and their families.**
- Work with a healthcare professional to organize a mentorship program, pairing a younger person with diabetes with an older mentor.
- Organize a school or community vegetable garden to encourage healthy eating.
- Establish a fitness room or ongoing fitness classes at a community center or school.
- Sponsor a training program for community healthcare workers to learn about screening, community support programs and prevention of diabetes complications.





**LIONS DIABETES BOARD  
OF ALLEGHENY AND WESTMORELAND COUNTIES**

## **STRIDES WALK 2024**

**Sunday, November 10**

**2 - 4 pm**

**WESTMORELAND MALL**

**Route 30, Greensburg**

**Donation: \$25, cash or check payable to LDBAW**

**Includes: LDBAW t-shirt and diabetes information kit**

Proceeds provide financial assistance to diabetes patients in Allegheny and Westmoreland Counties who can't afford prescription medications. It also provides diabetes awareness education on the negative impacts of diabetes to improve self-management.

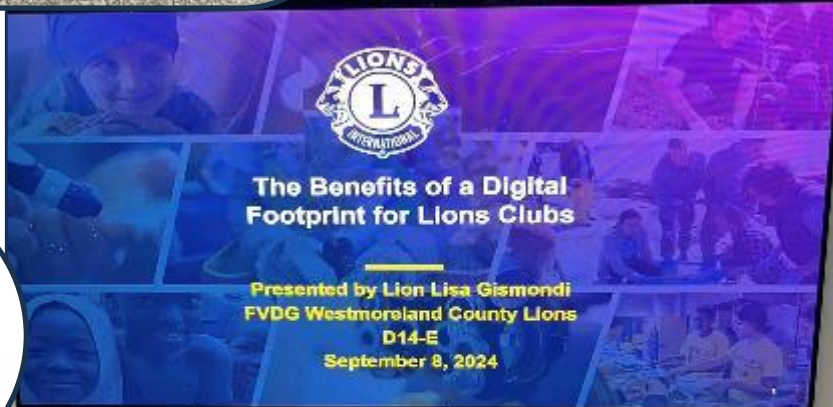
**Registration Information Online:**



**2024 LDBAW STRIDES WALK Sponsors:**



# I spy with my little eye...



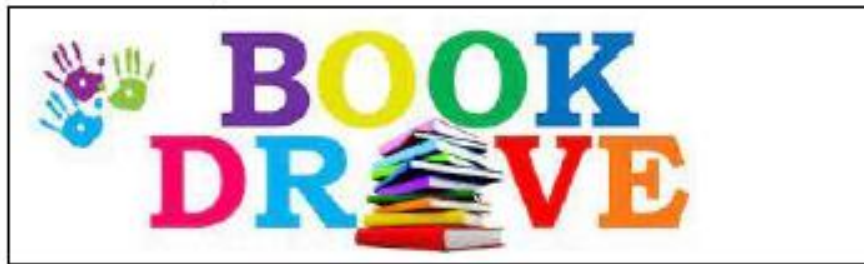
Last month FVDG Lisa Gismondi hosted her first Club Support Training of the year. She held her meeting on ZOOM and the topic was **The Benefits of a Digital Footprint for Lions Clubs.**

The focus on this training was creating a facebook page and the benefits of clubs having a social media presence.

Here are two clubs who took advantage of the training and the pictures they posted on their Facebook pages! Well done Lions! Keep up the great work!



# District 14-E Lions Book Drive



District 14-E will be having its 2<sup>nd</sup> Annual Book Drive for Pediatric Cancer patients at Hershey Medical Center in time for Christmas!

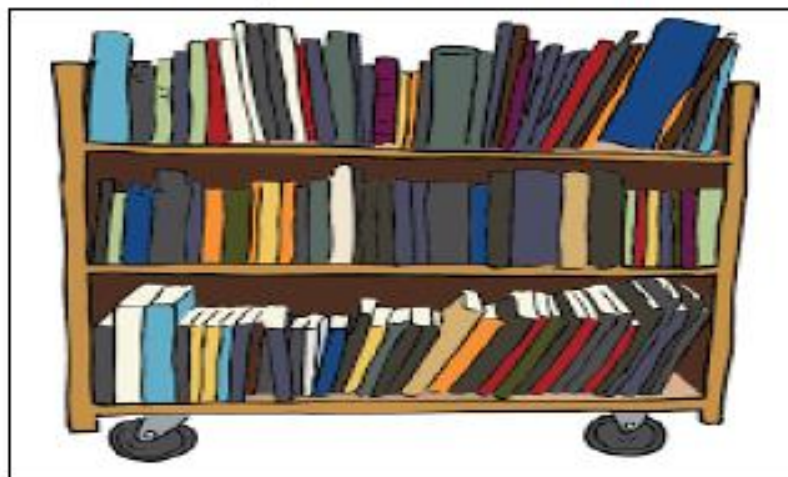
**WANTED:** New books for children and adults up to age 35. Or you can send money for books to be purchased.

**WHEN:** Books or money can be given to IPDG Amy prior to November 16<sup>th</sup>.

**WHAT:** After books are purchased and received, there will be a labeling and packing party on November 23<sup>rd</sup> as all books will have a label placed in them to note they are from District 14-E in memory of Samuel Grimm before they are shipped off to Lion Ashley Grimm & the Hershey Medical Center to be distributed for Christmas.

**WHY:** Because books can give the children and parents some much needed relief from their situations, and more importantly, because

**WE CARE and WE SERVE!!**





## LIONS INTERNATIONAL PEACE POSTER CONTEST

# PEACE

THE 2024-2025 CONTEST

### Peace Without Limits

For peace to be anything more than a possibility, we need to make it a priority. This year, we're asking our young students to create a poster that speaks to our world's infinite potential for kindness once we commit to pursuing the idea of peace without limits.



### Peace Poster Contest Deadlines

Students ages 11, 12 or 13 as of November 15 are eligible to participate in the International Peace Poster Contest. Entries not meeting following deadlines will be disqualified.

## International Peace Essay Contest

Created to give an opportunity for visually impaired young people to express their feelings of peace, the International Essay Contest is a staple of Lions clubs around the world. Lions work with local schools and area families to identify young people who are interested in participating and who could benefit from this program. One grand prize winner will receive an award and US\$5,000.

### Contest Guidelines

Students who are visually impaired, ages 11, 12 or 13 on November 15, are eligible to participate. Each essay must be submitted with a completed entry form. Essays must be no longer than 500 words in length, submitted in English, typed in black ink and double-spaced.

**These contests will be judged at the November cabinet meeting.**





# Pajama Drive

supporting

---

**Children & Youth Services**

**(Foster Care)**

*of our PA Counties*

---

**What:** pajamas of all sizes from newborn through age 18.

*The greatest need is for teenage youth.*

(Appropriate PJs please, no spaghetti straps or short-shorts.)

**When:** through October 25<sup>th</sup>, 2024

**Where:** give the pajamas to your local Lions Club.

The Lions will bring them to our PA Lions Council Meeting at the Red Lion Hotel Harrisburg Hershey on October 25, 2024.

for more information contact [LionLisa14U@gmail.com](mailto:LionLisa14U@gmail.com)



**We Serve**



# Here are some ways our Clubs are providing **NEIGHBORLY SERVICE** to their communities!



**The Delmont Lions** partnered with their Scout Troop to make blankets to be distributed to a local hospital. They were at it again collecting money in front of their local Walmart Store for “White Cane Day”.

**The Murrysville Lions** set up a donation box at a local supermarket to collect items for the homeless.

Several District Leaders of **Westmoreland County (D14-E)** came out to support the **Norwin Lions’** Annual Mini-Golf Tournament that was held at Kerber’s Dairy.





## District 14-E Lions Facebook Page

facebook



Like Us on Facebook – District 14 E Lions

District 14-E Lions - The Official Facebook Page of District 14-E

Send your information to Amanda or Lance Remic for your Club's activities to be posted to the District's Facebook page. We want to show all that is being done by Lions of District 14-E.

Send info advertising your upcoming events or share photos of the events that have taken place to show the fun and success your Club had.

Email your info to [akbrant@atlanticbb.net](mailto:akbrant@atlanticbb.net) (Amanda) or [lremic@hotmail.com](mailto:lremic@hotmail.com) (Lance)  
Or text your info to 724-984-7644 (Amanda) or 724-309-6750 (Lance).



Scan this QR Code to check out the District  
14E Website!

What is a QR Code?



QR codes are 2D barcodes which contain any kind of information that can redirect scanners to online information. This QR Code, when scanned, will take you to the District 14E website. Try it out!  
(you will need to have a QR Reader app on your phone )



The Slickville & Youngwood  
Lions Clubs



# BINGO



**\$1,500.00 Jackpot**  
Regular \$200.00, "X" \$300.00  
Coverall \$1,000.00  
All Regular Bingo's win \$50.00

Lunch Included  
50/50 Ticket Sale  
Basket Raffle  
Strip Tickets

Saturday, October 19, 2024  
Youngwood Fire Hall  
104 S. 2<sup>nd</sup> Street, Youngwood

\$25.00 Admission  
Doors Open 11:30  
Lunch 12:00-1:00

Bingo Starts at 1:30

For tickets contact:

Lion Amanda Remic - [akremic@icloud.com](mailto:akremic@icloud.com) or 724.984.7644

Lion Ron Brown - [heatmastr@comcast.net](mailto:heatmastr@comcast.net) or 412.610.2003

## PANCAKE, SAUSAGE & EGG BREAKFAST EAT IN OR CARRY OUT

Saturday, October 26, 2024

8:00 a.m. to 11:00 a.m.

Christ Church of Youngwood  
Lincoln and Sherwood, Youngwood

*Sponsored By: Youngwood Lions Club for Community Projects*

**No. 026**

Adults: \$8.00 • Children 6-12: \$4.00

## *“Lions Working Together As One”*

Pajamas needed

Sponsored by the



Mount Pleasant Township Lions Club

Sizes newborn to size 10 Male and Female

Pajamas will meet the needs of children in our area and will be distributed by the WIC Program.



We will be collecting until January 2025 but any received by Christmas

would be a blessing.



Pajamas can be given to any Mt. Pleasant Twp. Lion.

For further information or drop off location contact: [dtinkey@zoominternet.net](mailto:dtinkey@zoominternet.net)

**Please keep the children warm with new**

**Footed pajamas**

**Wrap them in love this winter**



We would like to thank everyone who helped make this project a success in the past.



**Lions from New Alexandria, Delmont, and Slickville held their annual Lions Lunchables Food Drive last month that was quite a hit!**

**They collected enough food to fill our District's Care-A-Van!**

**The Lions Lunchables backpack program provides children from Metzgar Elementary, Greensburg Salem School District with food for over the weekends.**



# PUPPY SPONSORSHIP

A \$500 donation allows you to choose from a select group of puppies to symbolically sponsor and receive:

- ▶ A portrait of your sponsored Future Leader Dog suitable for framing
- ▶ Four wallet-size photos to share
- ▶ A profile of your Future Leader Dog with fun information such as personality traits, favorite toys and more
- ▶ An official sponsorship certificate
- ▶ **Each sponsorship comes with a matching plush puppy!**



**Juno**  
Michigan



**Toffee**  
Wisconsin



**Raider**  
Michigan-Bellamy Creek CF



**Mali**  
Michigan



**Brandy**  
Illinois

**YES!** I would like to sponsor a puppy!

Name (Required) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Contact Email Address \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Sponsoring (please circle ONE puppy) Juno   Toffee   Raider   Mali   Brandy

Please make check payable to "Leader Dogs for the Blind" with "Puppy Sponsorship" in the memo.  
 Mail to: Leader Dogs for the Blind, 1039 S. Rochester Rd, Rochester Hills, MI 48307-3115  
 You can also sponsor a puppy online at [LeaderDog.org/sponsor-a-puppy](http://LeaderDog.org/sponsor-a-puppy)



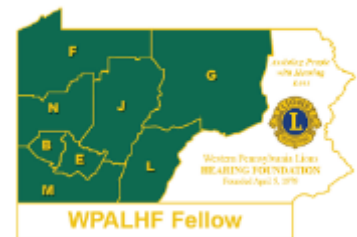
- Raised by volunteer Lion puppy raisers

# Western Pennsylvania Lions Hearing Foundation Fellowship Application

## Offering Support Through The Fellowship Program

The Western Pennsylvania Lions Hearing Foundation Fellowship has been established to help provide funding for the continuance of providing hearing aids for individuals in need. By naming a person a WPLHF Fellow your contribution goes toward helping those with hearing challenges be able to once again hear and communicate with the world around them.

For a \$250.00 donation the recipient of the fellowship will receive a lapel pin and plaque indicating them as a fellow. The recipient of this award need not be a Lion. Anyone who supports the process of improving hearing can be honored with this award.



The application can be found in the Newsletter Email. Just scroll down and find the block that says “Western PA Lions Hearing Foundation Fellowship Application” and click on it.

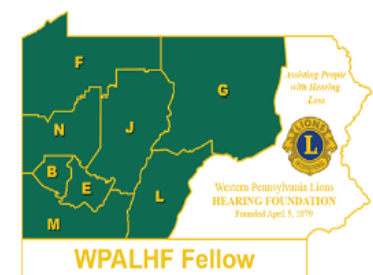
If you wish for a copy to be emailed to you, please reach out to PDG Lance Remic or myself at the following emails:

[Lremic@hotmail.com](mailto:Lremic@hotmail.com) | [lisgis67@gmail.com](mailto:lisgis67@gmail.com)

## Offering Support Through A Donation

Financial support from contributors, like you, is the Foundation's only source of funds. Your contribution can help ensure that there will be adequate funding to continue providing service for deaf and hard of hearing individuals. The Foundation will also accept donated hearing aids.

If you, your Lions Club or organization would like a presentation or if you are interested in making a donation contact the chairperson (director) in your Lions District.



**CLUB HAPPENINGS! Please support your District's Clubs**

# THE DELMONT LIONS



## Chicken Barbecue

**Saturday, October 12th**

**11 AM – Until SOLD OUT**

**\$12 for ½ CHICKEN, ROLL, APPLESAUCE, AND  
COOKIE**

**AT The Central Hotel Parking Lot  
(Corner of Greensburg Street and E. Pittsburgh Street)**

**Supporting us enables us to give back to the community!  
WE HOPE TO SEE YOU THERE!!!**



**MANOR LIONS CLUB**

pancake



breakfast

**November 2<sup>nd</sup> at Manor American Legion**

**Serving from 7:30 – 11:30 am**

**Adults \$8**

**Children 12 & under \$4**

**Includes pancakes, 3 kinds of toppings,  
sausage, juice and coffee**



# MUSICAL MYSTERIES & MORE



PRESENTS

## THE CALAMITYVILLE MURDER!



**SATURDAY, OCTOBER 12<sup>th</sup> @**  
**NORTH BELLE VERNON FIRE DEPT SOCIAL HALL**  
**543 BROAD AVE., BELLE VERNON PA 15012**

Acclaimed horror-novelist, Stephen Queen is offered a bet by rival Ann Spice. He will receive 1 million dollars and Ann will retire if...Stephen can survive the night at the infamous house on Calamityville Street. Will he remain steadfast? Or will ghostly apparitions give him a case of permanent writers' block?

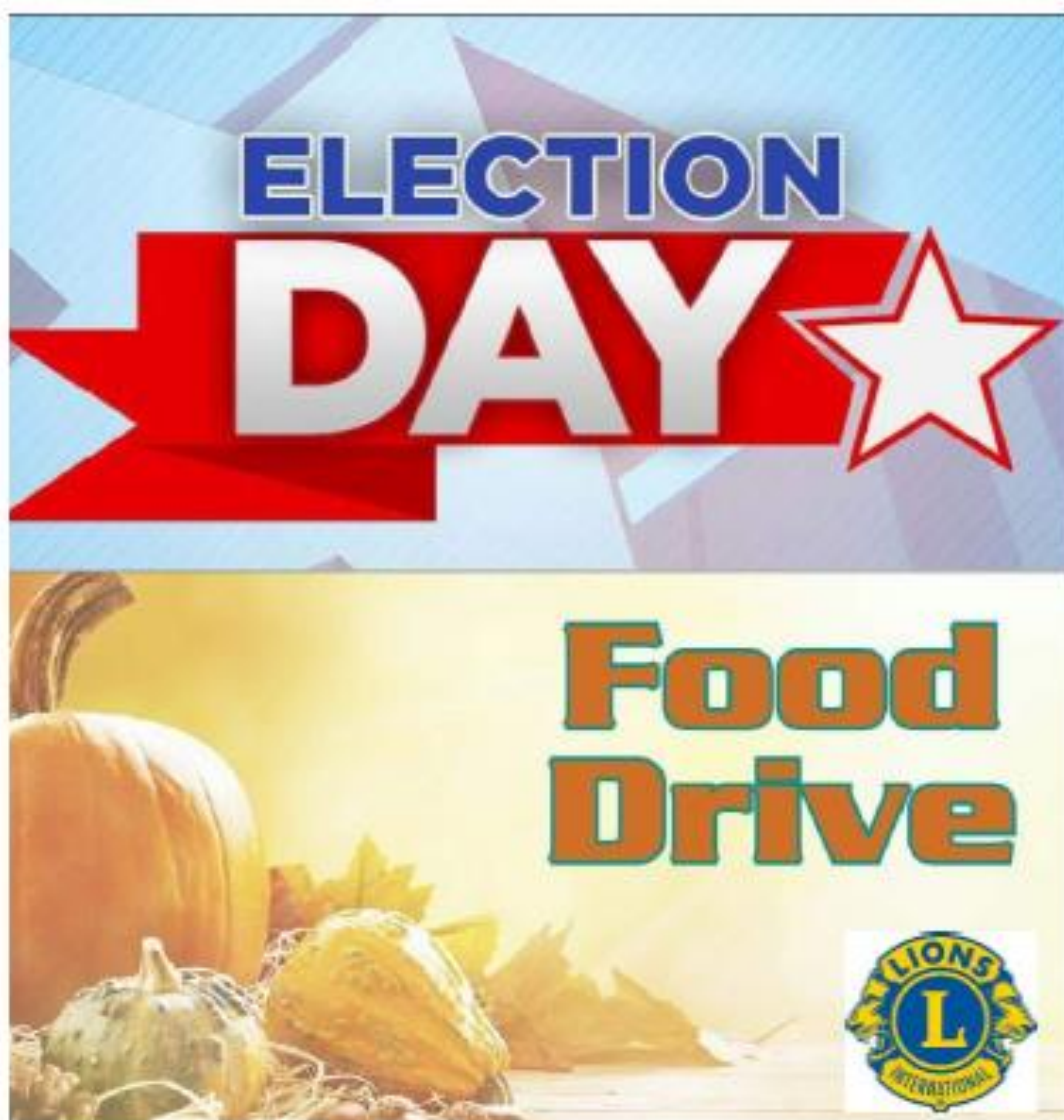
**\$35 per person or \$55 per couple**

*Doors Open at 5:30pm*

**Call (724) 747-0724 for reservations**

**Matthew Breakwell**  
**Rostraver Township Lions Club**

Manor Lions Club will have boxes available at the Manor Community Building for non-perishable food items and monetary donations for the Manor Food Pantry on Tuesday, November 5<sup>th</sup> from 7:00 am until the polls close. Please give generously. Checks can be made to the Manor Food Pantry. Thank you.



# LEVEL GREEN LIONS

## PANCAKE BREAKFAST



**NOVEMBER 9th      7AM - NOON**

---

**ALL YOU CAN EAT - ADULTS \$8 KIDS \$4**

**BUTTERMILK - BUCKWHEAT  
CHOCOLATE CHIP - BLUEBERRY**

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**WE WILL BE HOLDING A COLLECTION FOR THE  
TRAFFORD FOOD BANK. IF POSSIBLE, PLEASE  
BRING A NON-PERISHABLE FOOD ITEM TO DONATE.**

**LG LIONS COMMUNITY BUILDING - 123 MURRYSVILLE ROAD**



## **ZONE 1**

**LATROBE-DERRY** – 28 members. Weeding mini gardens in Latrobe, collecting plastic, collecting eyeglasses, provide glasses for needy individual, Worked at food bank, collected food for the food bank, has a broom sale, solicited ads for calendar ticket fund raiser.

**MOUNT PLEASANT TWP** – 44 members. **August:** Operated our fair stand at the County Fair from August 15 – 25. Breakfast: eggs, waffles & strawberries, pancakes, sausage, bacon, ham, coffee, juice, and milk. Lunch: hamburgers, hotdogs, chicken sandwiches, French fries, nachos, and Coke products. We appreciate everyone who worked in front of and behind the counter and those who helped clean up the booth before and after the fair. **September:** monthly Hoagie and Pepperoni Roll Sale – sold 555 items, presold/delivered, and on site. 16 members and friends collected for White Cane at Walmart in Mt. Pleasant.

**NEW FLORENCE** – 22 members. Held Craft Show from 1-5 on Sept. 22. Sold hot sausage, drinks, brooms and cash ticket. Working with school nurse on school supply items needed. Purchasing club shirts for events. An amount was agreed on to purchase books for Hershey Medical Center book drive. LCIF Chairperson for our club is Ryan King.

## **ZONE 2**

**ROSTRAVER TWP** – 45 members. Sponsored a tee for the Diabetes golf outing with a few golfers attending. Sept BBQ was a success, with proceeds going to 4 Diamonds for Pediatric Cancer. Hosted DG Jeff and 1VDG Lisa at dinner meeting along with a scholarship winner, who was presented with a check and a plaque. Bowling at AMF bowling in Belle Vernon will be on Sept. 29 at 2:00pm. Tickets available for our Mystery Dinner on Oct 12th at the North Belle Vernon fire company, check newsletter for info.

**YOUNGWOOD** – 36 members including new member Jake Silvis IV, sponsor Fred Wineman. We are continuing our popcorn sales and have started on Koeze Nut sales. Recycled 141 pair of eyeglasses.

## **ZONE 3**

**ALLEGHENY TWP** – 10 members. **August:** Continued with Meals-On-Wheels, attended first District cabinet meeting, held regular club meeting, continued selling Lions brooms, sending check to Lions of 14-G for disaster relief.

**September:** Continued with Meals-On-Wheels, held club meeting with District Governor visit, collecting glasses, selling Lions Brooms and attended Zone-3 meeting and contributing to Lions Lunchables at meeting.

**ARNOLD** – 12 members including reinstated member Harold Leksell. Club is working on what type of fundraiser we want to do.

**DELMONT** – 38 members including new member Mary Piper, sponsor PDG Amy Thompkins. 2 members attended the USA/Canada Lions Leadership Forum. Club sold 2 kid's brooms, collected 200 pairs of eyeglasses, made 30 no-sew fleece blankets for Westmoreland Hospital with help from Scout Troop 1211 & parents. White cane day collection – 11 volunteers collected \$838. Club meeting held; 1 member attended club support meeting. Members donated raffle baskets, and 1 member attended diabetes golf outing. 2 members attended Scout Troop 211 Court of Honor on 9/9. 3 members attended Norwin Lion's mini golf tournament. 2 members attended and walked in the Penn Twp Fall Festival Parade with Level Green Lions Club. 2 members assisted with Lions Lunchables Food Drive on 9/28. 2 members attended Zone 3 meeting on 9/28. 3 members attended Scout Troop 1211's Court of Honor. Club gained a new member!

**LOWER BURRELL** – 27 members. With the assistance of the American Legion and the VFW, flags were flown over the Tri-City area of Lower Burrell, Arnold and New Kensington for Labor Day and Patriots Day thanks to a local businessman who donated the poles and new flags saving our club over \$10,000. Welcomed District Governor Jeff and VDG Lisa to the club's yearly District Governor's meeting. The club presented DG Jeff with a check for his District 14E projects. Broom and raffle tickets continue to be sold at the Farmer's Market. Collected several hundred donated used eyeglasses.

**MURRYSVILLE** – 18 members. Held broom sale at farmers market; held 2 dinner meetings; hosted DG Jeff at meeting; 1 member attended board meeting at Beacon Lodge.

**VANDERGRIFT** – 23 members. We continue to collect used eyeglasses. sell lions brooms and collect and distribute used hospital equipment. Members meet monthly to better serve the community.

## **ZONE 4**

**BUSHY RUN** – 36 members. Broom sale September 20, 21 @ S&T Bank route 130

Fall Chicken BBQ Sunday September 29.

**LEVEL GREEN** – 35 members. Broom sales, building rentals, can collections ongoing. Held regular meeting, board meeting. Marched in Penn Township parade, operated booth at festival as a fundraiser. Conducted road clean up. Members attended diabetes golf outing, contributed raffle baskets. Members attended club support session.

**MANOR** – 16 members. Club met with DG Jeff at regular meeting. Held final Chicken BBQ of our season, sold out by 3pm.

**SAVE THE DATE! RAFFLE BASKETS NEEDED!**  
**Lions Diabetes Board of Allegheny & Westmoreland Counties**  
**present**

## **Christmas with the Lions**

**Saturday, December 7, 2024**

**Lamplighter Restaurant, Delmont, PA**

Contact DG Jeff Jordan to donate a basket! Email [JeffreyBob14e@gmail.com](mailto:JeffreyBob14e@gmail.com) or call 412-418-3646



Zone 3 got together last month for their first quarterly meeting of the year.

Guest Speaker GMT/PDG Lance Remic talked about Membership and "Mission Possible".

Clubs represented were New Kensington, Delmont, Lower Burrell, Allegheny Township and Slickville.

It's a Beautiful Day  
in the  
Neighborhood



**SEPTEMBER District Governor  
Visits included:**

**Greensburg East Hempfield  
Manor**

**Yukon & Sewickley Twp**

**Bushy Run**

**Allegheny Twp**

**Murrysville**

**Lower Burrell**

**Rostraver Twp**



**Check out the new Lions Diabetes Board of Allegheny and Westmoreland Counties Flyer!  
A copy of the flyer can be found in the email OR reach out to a LDBAW Board Member for some physical copies!**



### DIABETES: AN IMPORTANT CAUSE

With the support of Lions Clubs International Foundation (LCIF), Lions worldwide are working to reduce the prevalence of diabetes and to improve the lives of those living with diabetes.

Researchers are projecting that 1.3 billion people will have diabetes by 2050 worldwide, the Washington Post reports. This would be more than double the current number — a looming epidemic that would mean increased societal and health costs as the chronic condition can lead to vision problems like diabetic retinopathy, heart issues, kidney failure, and a whole host of other problems. Diabetes is an epidemic that touches every corner of the globe.

Lions International and LCIF are dedicated to empowering Lions and LEOs around the world to fight diabetes by serving their communities one by one.



### ABOUT LIONS INTERNATIONAL

Since 1917, Lions Clubs have served with uncommon kindness, putting the needs of neighbors, communities, and the world first.

With over 1.4 million members around the world, and 50,000 clubs in more than 200 countries and regions, the Lions are the world's largest service organization.

The Lions mission is to empower Lions clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding.

To learn more, visit [lionsclubs.org](http://lionsclubs.org) online.

## LIONS DIABETES BOARD of Allegheny & Westmoreland Counties

A 501(c)(3) Charitable Organization

### We Serve.



The Lions Diabetes Board of Allegheny and Westmoreland Counties (LDBAW) partners with UPMC McKeesport and UPMC East in Allegheny County, and Independence Health (formerly Excelsa) in Westmoreland County.



UPMC McKeesport in McKeesport, PA



UPMC East in Monroeville, PA



Independence Health System - Westmoreland Hospital (formerly Excelsa) in Greensburg, PA

### MISSION

Since 1993, the mission of LDBAW has been to provide funding and educational support for those with diabetes who seek financial assistance to pay for their diabetes medications and supplies through three hospitals' programs.

Charitable funds are generated through ongoing contributions from all Lions Clubs located in Allegheny and Westmoreland Counties, annual events, community fund drives and grant assistance applications to Lions Clubs International, as well as other local funders.

Financial support of fundraising projects is also provided by the UPMC Health System Foundation and the Westmoreland Hospital Foundation.

### ORGANIZATION

LDBAW meets quarterly, and is comprised of voting, nonvoting, and reporting members.

- District Governors for Pennsylvania Lions Districts 14-B Allegheny County and 14-E Westmoreland County (voting)
- Five (5) board members per district, including each district's diabetes chairperson (voting)
- Two permanent board positions since the inception of the program in 1993 (voting)
- Hospital presidents, diabetes program coordinators, and physician directors are invited to board meetings for medication and education reporting only (non-voting)
- District First and Second Vice District Governors (non-voting).

### WHAT WE DO

LDBAW maintains the Lions Diabetes Emergency Relief Fund. Funds may be disbursed for medications for diabetes patients who reside in Allegheny and Westmoreland Counties, who meet income guidelines, and are unable to afford the cost.

Funds are disbursed directly to the UPMC McKeesport, UPMC East, Independence Westmoreland Hospital Pharmacy, and Med-Fast Pharmacy on a monthly basis. Requests for support are managed and monitored by each hospital's diabetes program coordinator.



### HOW TO APPLY

Applicants must be eligible based on total monthly/yearly income, monthly expenses, and medical need as determined by a physician.

UPMC McKeesport  
412-357-7479

UPMC East  
412-664-3101

Westmoreland Outpatient Pharmacy  
724-832-4255







## 2024-2025 DISTRICT 14-E PROJECTS DONATION FORM

CLUB \_\_\_\_\_

DATE \_\_\_\_\_

Beacon Lodge Camp for the Blind \$ \_\_\_\_\_

Care-A-Van \$ \_\_\_\_\_

Diabetes \$ \_\_\_\_\_

Disaster Relief Team Fund \$ \_\_\_\_\_

Eye Research \$ \_\_\_\_\_

Pediatric Cancer \$ \_\_\_\_\_

Leader Dogs for the Blind \$ \_\_\_\_\_

Lions Clubs International Foundation (LCIF) \$ \_\_\_\_\_

Lions of Pennsylvania Foundation \$ \_\_\_\_\_

PA Lions Hearing Research Foundation \$ \_\_\_\_\_

Western PA Lions Hearing Foundation \$ \_\_\_\_\_

Westmoreland County Blind Association \$ \_\_\_\_\_

Center for Hearing & Deaf Services \$ \_\_\_\_\_

**TOTAL DONATION:** \$ \_\_\_\_\_

**Please note:** If your club has not already submitted donations, they must be received by May 1, 2025, to receive credit for the 2024-2025 Lions Year. Donation checks should be made out to **District 14-E Lions** and this form should accompany the check. Please mail check to Cabinet Treasurer, IPDG Amy Thompkins 309 Beechwood Rd Greensburg, PA 15601. Donations can be submitted to District Governor Jeff before the deadline.

# 2024 – 2025 District 14-E Cabinet Members

|                        |                    |                |                         |              |
|------------------------|--------------------|----------------|-------------------------|--------------|
| District Governor      | Jeff Jordan        | Level Green    | Jeffreybob14e@gmail.com | 412-418-3646 |
| Vice District Governor | Lisa Gismondi      | Delmont        | Lisgis67@gmail.com      | 724-454-3653 |
| District Secretary     | Kara Knode         | New Alexandria | kpurvis77@yahoo.com     | 724-689-5560 |
| District Treasurer     | IPDG Amy Thompkins | Delmont        | amoose309@yahoo.com     | 724-551-0327 |

## District Global Action Team (GAT) Coordinators

|            |                     |            |                       |              |
|------------|---------------------|------------|-----------------------|--------------|
| Leadership | PDG Chuck Thompkins | Delmont    | Chuckt309@yahoo.com   | 724-989-8250 |
| Membership | PDG Lance Remic     | Slickville | lremic@hotmail.com    | 724-309-6750 |
| Service    | PDG Charlie McGrew  | Sewickley  | Cjmcgrew1@verizon.net | 724-446-2546 |

## Zone Chairpersons

|        |               |             |                         |              |
|--------|---------------|-------------|-------------------------|--------------|
| Zone 1 | Ron Brown     | Youngwood   | heatmastr@comcast.net   | 412-610-2003 |
| Zone 2 | Jeff Jordan   | Level Green | Jeffreybob14e@gmail.com | 412-418-3646 |
| Zone 3 | Lisa Gismondi | Delmont     | Lisgis67@gmail.com      | 724-454-3653 |
| Zone 4 | Jeff Jordan   | Level Green | Jeffreybob14e@gmail.com | 412-418-3646 |

## Communications

|                                         |                    |             |                                             |                              |
|-----------------------------------------|--------------------|-------------|---------------------------------------------|------------------------------|
| Communication/Publicity                 | John Russo         | Norwin      | apdjr@aol.com                               | 724-864-3844                 |
| Website                                 | Jeff Jordan        | Level Green | Jeffreybob14e@gmail.com                     | 412-418-3646                 |
| Newsletter                              | Lisa Gismondi      | Delmont     | news.lions14e@gmail.com                     | 724-454-3653                 |
| District Admin (Club Reporting Support) | Denise Poole       | Norwin      | dypoole@comcast.net                         | 724-787-6183                 |
| Social media                            | Amanda/Lance Remic | Slickville  | akbrant@atlanticbb.net / lremic@hotmail.com | 724-984-7644<br>724-468-4626 |

## IMPORTANT WEB ADDRESSES

District 14-E Lions.....www.lions14E.org  
 Leader Dogs for the Blind.....www.leaderdog.org  
 Lions Clubs International..... www.lionsclubs.org  
 PA Lions Beacon Lodge Camp.....www.beaconlodge.org  
 PA State Council of Lions Clubs.....www.palions.org  
 Lions of PA Foundation.....www.lionsofpafoundation.org  
 Western PA Lions Hearing Foundation.....www.wpalhf.org

Like us on Facebook: District 14-E Lions

Please consider a Personal Contribution to either of these two charities to supplement Club Donations. Thank You!

<https://fourdiamonds.donordrive.com/index.cfm?fuseaction=cms.page&id=1175>

<https://www.lionsclubs.org/en/donate>