Monthly Newsletter Edition
April | 2024

District Governor's Message



My Fellow Lions,

I hope everyone had a wonderful Easter and was able to enjoy time spent with family and friends while remembering those not able to be with us. The month of April is now upon us and with it brings the joys of Spring—flowers blooming, birds chirping, etc---the changes from winter being reborn again. This also brings a very busy time for us as Lions as we begin to plan our spring and summer fundraisers, service projects, and a new Lions Year!

I have been very busy planning our Spring Rally which will be held at the Lamplighter on Saturday, April 13th. We will hold elections, have our last Cabinet meeting of the year, enjoy great food and fellowship with each other while honoring the Lions we have lost

over the past year, and then coming together with a fun team building activity led by VDG Lisa Gismondi. I am looking forward to the presentation by Lion Ashley Grimm with a wrap up to the District Book Drive & Child Life Program. We are also fortunate to have International Director Bob Lee and his wife, Lion Pam from Hawaii sharing time with us. I am sure his message will provide us with additional inspiration to keep us moving forward in Lionism. ID Bob, PID Cindy and myself will also be presenting a few special awards as well. Then to wrap up the day, we will be packing 280 Jared boxes to be given to four local participating hospitals in Westmoreland County. The day will be jammed packed with great fun, and I hope to see many of you there throughout the day!

The time has finally come...if you are not already aware, the new Lions Portal is being rolled out in mid-April. Soooo, if you have reporting to do, get it done before April 12th as ALL access will be cut off, and then slowly rolled out in waves so that by mid-May everyone will have access to utilize the new portal! These will definitely be exciting times ahead of us—please do not panic as training will be forthcoming, so keep your eyes out for notices!

The District Duck Race will be held on Sunday, April 21st at Yukon Lions Field—come on down to Yukon to support their club by attending their pancake breakfast and then watch the little yellow duckies float down Sewickley Creek! Remember to get all ticket stubs, money, and any unsold tickets (hopefully there are not many unsold) to me as soon as possible as I need them prior to the race!

Exciting Grant Updates!! First, the check was received from the Lions of PA Foundation (LOPF) and I have met with Delmont Walmart and have placed orders for Nintendo Switch Systems, games, and cases! As soon as they arrive, PDG Chuck and I will make arrangements for delivery to the Hershey Medical Center!

Second, the Lions Clubs International Foundation Community Impact Grant was approved for \$3319, and items have been ordered and materials printed that are needed to complete the Jared Box Project! Third, the LOPF grant made possible for the District Care-A-Van to purchase two new vision screeners (to be used in addition to the two we currently have, and they have arrived!! PDG's Tom Gregg, Sam Snively & Chuck Thompkins will be holding trainings, so be sure to reach out to then to schedule your training soon!! Lastly, I have submitted another grant for review and approval to LOPF for a matching grant of \$5000 for water rescue gear for the Tunnelton-Conemaugh Township Volunteer Fire Department's Water Rescue Team! I will keep you posted on this.

Don't forget to get your club's District Donations sent in so distributions can be made timely!

Please watch for notices from your Zone Chairs and GLT for your last Zone Meeting, and other additional trainings being held before the year's end!!

Keep working on increasing your membership!

Remember, what you do makes a difference in someone's life no matter how big or how small the act is....

Changing the World thru Transformation-Change-Rebirth

DG AMY



Make Today Count.

Neighbors Help Neighbors. **Assume Positive Intent.** Kindness Matters. Life is Short.

Colonoscopies Save Lives.



Have a safe, happy April. **1VDG** Jeff Jordan

1VDG Jeff Jordan

Jeffreybob14e@gmail.com



told the Date! Every club should participate!





District 14-E Spring Rally & Convention Saturday, April 13, 2024





Hold the Date! Plan out your foursome now!



51st Annual

Knights of the Blind Golf Open

Saturday, July 27, 2024

Second Vice District Governor Message

Fellow Lions:

April Showers bring May Flowers! And boy, it's going to be a very "flowery" month of May with all this rain we've recently received. And while the recent rounds of rain have caused a lot of flooding and headaches for several of our communities, there is definitely a silver lining in all those clouds that blanketed our great District. Did you know that

these recent rains added close to TWO BILLION gallons of water to the Beaver Run Reservoir in Washington and Bell Townships? The water levels at the Reservoir rose 6 FEET!!! Earlier this year there was a mandatory water conservation order in effect due to the dangerously low levels that were in play.

As Lions, one of our global causes is the Environment and there are so many different things that we can do in way of various service projects to help bring awareness, education, and advocacy to our communities.

Not only does April bring showers, it is also that time of year for Pancake Breakfasts and Chicken BBQs! (Be sure to support your neighboring clubs by attending their breakfasts or pick up some BBQ for yourself or your family! It's a win-win!)





Why not create some flyers to pass out at your upcoming events with ideas on how your communities can be better stewards of the environment around them. Or maybe invite your community to bring their ideas to an upcoming Lions meeting and together you may be able to brainstorm a service project that you can **ALL** do together! One of the best ways to recruit potential new members is to invite them to come do a service project WITH the club! Let them get involved and see, firsthand, that we are more than just pancakes, brooms and BBQ! WIN-WIN-WIN!!! When you are out there in your community, be sure to take pictures and share them on social media.

Use the hashtag **#LionsGoGreen**.

And finally, April is the sign that we are now in the final quarter of this Lion's year. There are still 3 months left to finish strong. As elections take place and new officers are being elected, current officers should use this last quarter to start preparing and mentoring their replacements. Do not just assume that they know what they need to do, or how to do the job. Meet with them or let them shadow you during these next couple of months so they can start to get comfortable in their upcoming role and can ask questions along the way. Encourage them to also make the position their own and support changes or new ideas that may have going into next year.

To all current and past presidents: The District is leaning on you for support in our efforts to build our leadership team at the district level. Need a change of pace or curious about trying something new? Or do you see a member in your club with a lot of potential that has a bright future with District 14-E? If so, please attend the upcoming Zone Chair Training/Information Session. (watch for an upcoming announcement).

Hoping to see some new faces at our upcoming Spring Rally!

Peace & Love, Lion Lisa G

DISTRICT 14-E 2023-2024 GOALS Report Card

How this works: Status is set to GREY out the gate. Each month we will evaluate our progress and the Status will change from Gray - Red- Orange -Yellow- Green. And watch our Caterpillars change to Butterflies!

	GOAL	Status	Transformation - Change - Rebirth
1	Increase Club Officer Training to 20% - Result: 33+ Lions attended Club Officer Training in August!	100%	
2	Appoint ONE new Zone Chair Update to be given at April Spring Rally stay tuned! And the position goes to	0	
3	Start ONE new Club Branch with at least 5 charter members. We have been brainstorming some ideas that we will be putting in motion	0	1
4	Attain positive membership growth by net ONE. Don't let this number get you down. We are getting new members, it's just the members leaving is outpacing the incoming at the moment. Don't give up! KEEPING WORKING IT!	-10	
5	Increase Club service reporting to 50%. 25% of our clubs reported their service. If you need help reporting service – PLEASE REACH OUT	0	
6	Increase LCIF individual donors to 3%. We surpassed our goal increasing donors by 8%. (MJF award to be presented at cabinet meeting)	100% +	
7	District-wide Service Project – District 14-E Book Drive 1,511 books collected (total \$8,834)	100% +	

The International Association of Lions Clubs



Lions Clubs International ®

Amy Thompkins
District Governor, District 14-E
Pennsylvania, U.S.A. 2023-2024
309 Beechwood Rd
Greensburg, PA 15601
412-551-0327
amoose309@yahoo.com

NOTICE OF FOURTH CABINET MEETING

TO: CABINET OFFICERS AND COMMITTEE CHAIRPERSONS, CLUB

PRESIDENTS AND SECRETARIES, ALL LIONS AND LEOS

DATE: SATURDAY, APRIL 13, 2024

PLACE: Lamplighter Restaurant

6566 William Penn Hwy, Delmont, PA 15626

TIME: 8:30 AM REGISTRATION—VOTING—BREAKFAST

9:00 AM PRE-CABINET MEETING

9:15 AM PAST DISTRICT GOVERNORS MEETING

9:30 AM CABINET MEETING (all Lions members and club representatives)

<u>ATTENTION:</u> Please provide a full written report to DG Amy Thompkins by Saturday, March 30th so that copies can be provided and distributed. Only summary reports are to be delivered at the cabinet meeting and will be limited to three-minutes. Provide details in the written report to be shared with all clubs.

PLEASE MAKE A NOTE! VOTING IS IN PERSON THIS YEAR!!!! (see above)

You're LATE, you're LATE, for a very important DATE!



District Governor Amy Thompkins requests your attendance at District 14-E's Spring Rally

Saturday, April 13, 2024

at

Lamplighter Restaurant, Rt. 22, Delmont, PA 15626

Enjoy a day of fun and fellowship, beginning with a continental breakfast (\$5/person), registration and voting at 8:30am, followed by the Cabinet Meeting, a presentation by Lion Ashley Grimm on the Child Life Program at Hershey Medical Center, a Team Building exercise, a presentation by International Director Robert Lee, Awards presentations, a Necrology Service and a Service Project (we will be packing Jared Boxes).

Lunch will be served from 11am-12pm, menu choices are Chicken Romano or Baked Hickory Smoked Ham with a fruit cup, salad, vegetable, potato and homemade bread and drinks and

ice cream for dessert. Cost is \$25/person.

Clubs Attending Please bring your Club Benner to display!!

Please RSVP to DG Amy Thompkins by March 31st 412-551-D327 or amoose 309 Dyahoo.com

Clubs Attending— Please bring a basket to raffle—up to \$25

Please make checks payable to District 14-E and mail to DG Amy Thompkins: 309 Beechwood Rd, Greensburg, PA 15601

Names Attending_	
Club Name	
Breakfast	Number attending x \$5 =
	cen RomanoNumber attending x \$25 =\$_ Baked HamNumber attending x \$25 =\$_
LIONS	Total Cost \$



Dear Lions and Leos,

Preparation is underway to begin rolling out the new Lion Portal. Here is some important information to prepare you for launch.

Phased rollout for Lion Account Users

Our target launch window is April 15 – May 13*. During this time, all current Lion Account users will receive an email inviting them to access the new Lion Portal**. We're doing this phased rollout to ensure staff are available to provide the best support possible and offer you a positive introductory experience.

- Now April 11: MyLion, MyLCI and Insights will continue to function as normal.
- April 12 and beyond: MyLion, MyLCI and Insights are no longer available.
- April 15 May 13: Invitations to access the new Lion Portal sent via email on a rolling basis to existing Lion Account users.
 - Please note: User permissions will not change. In other words, those who can report service, access member data and other key functions remains the same.
- May 13 and beyond: All visitors attempting to access the previous digital tools will be automatically redirected to the new Lion Portal.
- *Dates are subject to change. Our number one goal is to create a positive experience for Lions and Leos. If determined more time is required to ensure the product is in an optimal state, the dates may be adjusted accordingly.
- **If you don't see the email in your everyday inbox, please check all spam and junk folders for it first before contacting Member Support.

Note that the new Lion Portal will require a unique, unshared email, and phone numbers will no longer be supported as a log in credential.

Information and resources

Be sure to visit <u>lionsclubs.org/portal-updates</u> for the latest information and resources, which includes handy how-to videos for help accessing the new portal once you've received your Lion Portal invitation email.

We appreciate your support and thank you for your continued service as we prepare for the new Lion Portal – together.

Sincerely,
Sue Ben
Chief of Technology
Lions International

Dear Lions and Leos,

As we approach the final months of this Lions' year, I ask that your members and your club plan to donate to our Lions Clubs International Foundation (LCIF). So far this year, we have had 181 disasters, amounting to \$140 million that LCIF has distributed. That doesn't count last weekend's tornado that devastated Logan County, Ohio, as well as areas in Indiana, Kentucky, and Arkansas. Unfortunately, disasters are expected to increase by 40% in the next few years.



In addition to disaster relief, through February, LCIF provided nearly 10 million cataract surgeries and educated nearly 20 million students through our Lions Quest program to help them make wise choices, to curtail bullying, and to stay off drugs. The LCIF funds have also financed diabetes and childhood cancer projects and aided refugees and those fleeing from their homes during these immensely challenging times.

In addition, our Foundation provided 14-E with a District and Community Impact Grant to subsidize the Jared Box Project for this year's Spring Rally. So, PLEASE consider donating: \$5, \$10, or whatever you can afford.

In the words of Canadian hockey goaltender Maxime Lagacé, "Life gets better when you give, just for fun."

Thank you for all that you do to "Change the World."

Yours in Service,

Cindy Gregg, 2023-2024 LCIF Coordinator

Logan County Ohio Tornado Relief and Recovery

Ohio Lions District OH1 has partnered with the Logan County United Way to support the relief and recovery efforts taking place after the EF3 Tornado on March 14 which flattened the communities of Russells Point and Lakeview, Ohio, as well as causing extensive damage in surrounding rural areas.

If your district or clubs are interest in making a donation, Tax deductible donations can be made at: www.uwlogan.org, the web address for the Logan County United Way, a 501(c)3 charity.

If you want your donation to be credited to the Lions Organization, after entering your name as listed on your credit card, add a dash and a Lion label. Examples could be: **Jane Doe – OH4 Lions** or **John Doe – Pennsylvania Lions**. The Logan County United Way Donation system automatically issues a receipt for tax purposes and can sort donations based on key words; hence, the need to add **Lions** to the name of the donor.

If you or your club wish to donate by check, use **District Lions OH1** on the designation line and add **tornado relief** on the memo line. **Mail checks to**: PDG John Davis, 933 Thornapple Lane, Findlay, Ohio 45840. If your check does not identify your club, please add a note with that information.

The relief and recovery process is well underway, and the local community has stepped up admirably. However, this will be a long and difficult process and organizations like Lions will play an important role in supporting those affected as they work to overcome this terrible blow.

DG OH1 Deb Crawford



Happy Spring, Lions and Leos,

A lot of exciting events are taking place in April! First, we have our Spring Rally with International Director Bob Lee and his wife Lion Pam, from Hawaii. Have you made your reservations to meet them, to vote for next year's district officers, and to assemble Jared boxes for pediatric patients? In addition to these activities, some of our Lions will be receiving Lions Clubs International Foundation (LCIF) Presidential supporter pins. In fact, one lucky winner of the "LCIF Squares" will be recognized with a Melvin Jones Fellowship.

On April 21, the district will once again sponsor the Duck Race for Beacon Lodge. Because state funding was stopped years ago, our camp is struggling to meet the ever increasing costs associated with running the camp. Of course, our campers look forward to their "vacation" each year and the opportunity to be with the many friends they have made at their beloved camp. Please come to support this project.

Likewise, April 22 is Earth Day. Our International President, Dr. Patti Hill is especially interested in improving the environment. So, how will your club celebrate this special day? Will you have a road cleanup, beautify the entrance to your community, have a recycling event, clean a cemetery, or plant trees at the park? This would be a great time to invite potential members to help with your project. Maybe they might decide to join your club. However, PLEASE report your project.

In addition, there are several Pancake Breakfasts, Chicken Barbeques, and other events. So, check out the newsletter to plan your monthly activities.

Finally, has your club held a Membership Event this year? We still have 13 weeks to reach our district goal. Remember that membership is everyone's responsibility, but we need to ask! After all, each of us must find our replacement to ensure that our clubs will continue to improve our communities long after we are gone because without our clubs' help, many more individuals would struggle to survive.

As always, thank you for "Changing your community and the World."

Yours in Service and Friendship,

Cindy Gregg, PID (2013-2015)

TRANSFORMATION

Fellow Lions,

Spring is now here. I hope your Easter was filled with fun and you enjoyed your families. Another month has passed, and a new one begins.

I would like to hope you Lions are planning or thinking about seeking out future leaders in your clubs. Leadership roles for the next year is coming soon. Please get your PU101's in so I can work with the incoming District Governor to plan my club officer learning sessions for next year.

I am currently planning to have a Zone Chair Training Session before the end of the year. This training will be open to ALL Lions—I strongly encourage you to attend in order to learn more about this role—it would be fantastic to see each club represented! By attending this session, you will learn how and why Zone Chairs are a key position that is desperately needed in our District! As a Zone Chair you will have an opportunity to learn about other clubs in our District and grow as a Lion. Lions, I know you all have a 'diamond in the rough' or two or three in your clubs. Don't hold back, uncover them and let them come out and shine!

Leadership is an important part in keeping this organization afloat. I challenge you and your club to try something new. Try shadowing a current leadership role in your club. This could lead to new faces filling positions this year which could bring new ideas and new life to your clubs. I would be very pleased to see some new faces in club leadership roles this upcoming year.

Just like the weather, change is going to happen sooner or later, and we all have to learn how to adapt and go on. So, if you're wanting to move up or step up into a leadership role, come to the Zone Chair training to see if the glass slipper fits. Like Cinderella, dreams do come true. I believe that there is a spot outside the club level for you. District level Lions have a great opportunity to grow and learn more about Lions. If you would like to learn more, please attend the trainings or reach out to me personally.

Before I end, I would like to encourage you to show your support for other clubs by attending their events. And reverse that, invite other clubs to attend your events as well. Work together, and become stronger, visible and recognized in your areas.

Like always, my help is only a phone call away.

Yours In Lionism,

GLT/PDG Chuck



BRING SOMEONE

DISTRCT 14-E MEMBERSHIP

691 Members

District Membership stands at 691 Lions.

The number of Lions in our District is compiled by the data entered by our Lions Clubs. The correctness and clarity of this data plays an important part in keeping all aspect of our District properly connected.

Please make sure the accuracy of your reporting is as complete as possible. Check back on data that you have entered to be sure your membership reporting information is correct.

Congratulations to the Membership duo of PDG Mary Ellen and Lion Duane Miller for each working to sponsor a new member in March. Keep up the good work.

The following Club increased membership during March:

Latrobe-Derry



BRING SOMEONE

Bring Someone is the idea of bringing in new Members, orienting Members in what Lionism is about, and constantly engaging Lions so that they feel a sense of satisfaction through Service and Leadership so that their Membership is retained.

Bring Someone – Back to Life



Well mistakes can be made and in this case I'm glad to say I was wrong. Last month as part of my GMT reporting I shared in the newsletter the passing of Monessen Lion Timothy Billick. Good news. He has not departed from our Lions Clubs here on earth. After a phone call we have found that Tim is doing well and may or may not have been in Florida when the March Newsletter was sent out.

Now I get the data for my reports for myLCI and

that information is kept up to date by the officers of the Clubs and the District. During February something was entered incorrectly, and Tim was removed from the roster of his Lions Club. I ran my report for the newsletter last month and was saddened to learn of what I thought was Tim's passing. I am glad to know that he is still with us and never went anywhere.

With a couple phone calls to LCI we have seen Lion Tim's service record restored.

Membership – Reporting Accuracy

Our Lions Clubs officers need to work to effectively report membership data. From the time a Lion joins, it is important to have correct member analytics in order to increase communication with the member and enhance the member's overall experience as a Lion. As a Club secretary myself, I have always encouraged other Club secretaries to review their Clubs roster from time to time. Has someone moved? Do they have a cell phone number? How about a new email address? Work to update this information as you are made aware of it each month.

LCI will also signal a member's data as being missing or incorrect. If attempts were made to email or mail something to a person and it was returned to LCI a banner will appear on the person's member data indicating it is wrong or



Contact Me

PDG Lance H. Remic, D-GMT 122 Country Lane Export, PA 15632 724-309-6750 lremic@hotmail.com missing. Work to fix these right away so the member receives correspondence from Lions International.

Member Data Editing

Most member data such as mailing addresses or email addresses can be entered or edited in myLCI. Data like a member's name can be changed or updated too, but it requires entering the request for the change along with a reason why. An email will be sent, and the request will then be handled by staff at Lions International.

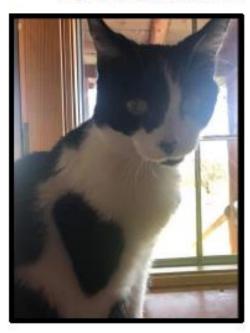
Questions and Answers

Q: Once your member information is entered into the databases at Lions International, you never have to check it again – True or False?

A: False. Things change for us all the time. Be sure to ask your Club Secretary to keep your member data up to date by providing any changes in mailing and email addresses and telephone numbers.

Q: What happens when your member data is incorrect in Lions Internationals member data?

A: The Mooch can't send you email or any other correspondence she might be trying to reach you with.





New Members!

Welcome to the New Members of District 14–E

Name:

Sharon Smith Grant Nicely

Club:

Latrobe-Derry Latrobe-Derry

Sponsor:

Duane Miller PDG Mary Ellen Miller

In Memory of our Departed Lions (as reported March 2024)

God does not seem to be concerned about the size of the talent he has given us in life, or about the grandeur of the service that we are able to offer him. He cares about the faithfulness of our service. He values the little things that are done lovingly and consistently in his name. Any service offered from a sympathetic and compassionate heart matters most.

When the heart is right and one's dedication is complete, God's response is always the same: "Well done, good and faithful servant." It is not the size of the gift or task that matters, but the size of the heart of the giver.

In memory of the one who has served with us and has been taken from us. At such a time, wealth and reputation, power and intellect are no longer of great importance. It is the lifetime of service that we honor, time spent in giving rather than receiving. In these moments we echo the words of our Lord, "Well done, good and faithful servant."



Alfred Novak- Slickville Lions Club -39 Year Member Melvin Jones Fellow, and the 1ª Western PA Lions Hearing Foundation Fellow

Please send information of your Club's departed Lions to District 14-E GMT,

PDG Lance Remic (Iremic@hotmail.com) to have the included in this list.

REBIRTH

Service

Please try to get all your service activities entered by April 10th. The current reporting system is changing and the new system should take effect by the middle of April.

Don't forget the Jared box packing at the District convention on April 13.

Lions and Leos take action to make our communities better. We lead with kindness, make a lasting impact and change lives.

What types of service do clubs provide?

Each club chooses how they serve to meet community needs. The types of service are:

- Service activities, such as vision screening, tree planting and serving meals
- Advocacy, which includes community awareness and education, legislation and public policy
- •Donations to individuals and organizations, including Lions Clubs International Foundation
- Fundraising, when money is collected to enable service
- Service support activities, such as meetings, events and administrative tasks that enable service

How do we count the number of people served? Often, measuring service impact is straightforward. For example, if your club hosts a diabetes educational event, just count the number of people who attend. However, counting beneficiaries for activities like caring for our environment can be more challenging. If your club is planning an activity in support of Earth Day, April 22, and has questions about counting the people served.

Collecting and donating used eyeglasses. It can be difficult to know how many people are served by the donation of used eyeglasses. In some cases, used glasses are matched with a beneficiary to correct their vision, and in other cases, the materials that make up the glasses are recycled. Lions should speak with the eyeglass recycling center or partner to whom they are giving the glasses to better understand how they are used. This information will help Lions report the number of people served by their donation.

Multiple clubs serving together. Participating clubs should discuss and agree upon the approach in advance of service reporting. If one club initiated the project and did most of the planning, Lions may prefer that club report the activity. If all clubs participated equally, Lions may prefer that each club report the activity. Lions should ensure that metrics, such as people served, are not reported multiple times.

District or multiple district initiatives. Sometimes, a district or multiple district will recommend that all clubs conduct a certain type of service in a given year. For example, a district governor might request that all clubs in their district focus on diabetes screenings. Clubs that conduct diabetes screenings should still report them as individual club activities. The district governor may consider asking clubs to use a uniform naming convention, such as "2020 District Initiative: Diabetes Screening" in order to easily see which activities were a part of this initiative.

Tree planting and care. Tree planting and tree care are popular service activities conducted by Lions and Leos, however determining the number of people served from these activities can be difficult. If Lions can work with local experts to determine the number of people served, they should report that number. If not, Lions can report the number of trees planted or cared for. Lions International will use global best practices to calculate the people served.

Activities that serve multiple causes. When reporting, select the primary cause served, or break the activity into multiple activities and report them separately. For example, if you are providing vision screening and diabetes screening at a health fair, you can report the vision and diabetes screenings as two separate activities.

Signature activities. A signature activity is a recurring activity which enables a club, district or multiple district to apply their unique strengths and abilities to meet the needs of their community. Signature activities often serve as a part of the club, district or multiple district's unique identity. Clubs, districts or multiple districts can indicate that any reported service activity is their signature activity, however this designation doesn't change the reporting process in any way.

Service reporting caps. Lions International has a responsibility to ensure the accuracy and credibility of our service reporting. For this reason, when Lions International aggregates and reports Lions service activity, we cap individual club service activities at the following levels:

3,000 people served • 1,200 volunteer hours • \$200,000 funds donated • \$250,000 funds raised.

These caps allow Lions International to: • Remove statistical outliers with an out sized impact on metrics. • Take a conservative approach with numbers that are prone to error and miscalculation. • Reduce the reputational risk associated with reporting inflated numbers.



THANK YOU

PDG Charlie McGrew 14-E GST

Lions Club Service Calendar



You are invited to use this calendar to help plan and share service activities with your club. Edit the inspirational ideas below to make this tool work for you, your club and your community.

July	August	September
July 1 begins a new Lions Year! Start your Service Journey and share the resources in the Service Toolkit with your club.	August 12 is International Youth Day. Visit our Youth webpage for service ideas, including the LCIF Lions Quest program.	The second week in September is time to #CelebrateCommunity and serve with a Kiwanis, Optimist or Rotary club in your area.

October	November	December
The second Thursday in October is World Sight Day. Start on our <u>Vision webpage</u> to find service ideas, planning tools and LCIF grant opportunities.	November 14 is <i>World Diabetes Day</i> . Visit our <u>Diabetes webpage</u> to learn how your club can help fight this global epidemic.	December 5 is International Leo Day. Partner with your <u>Leo club</u> on a service project or start a new Leo club.
January	February	March
Sponsor a <u>Peace Poster</u> and <u>Peace</u> <u>Essay</u> contest inspire youths' visions of peace. Kits go on sale January 15.	February 15 is Childhood Cancer Day. Our Childhood Cancer webpage includes service ideas and LCIF grant opportunities to help affected families.	Lions Day with the United Nations was first held in March 1978. Plan an advocacy activity to help make positive change.

April May June

April 22 is *Earth Day*. Find service ideas and LCIF grant opportunities to protect and restore the environment on our *Environment webpage*.

May 28 is *World Hunger Day*. Our <u>Hunger webpage</u> provides ideas on how your club can help and LCIF grant opportunities to magnify your service.

LCIF's first <u>Disaster Relief</u> grant was awarded in June 1972. Hold an LCIF fundraiser or check the <u>LCIF Grants</u> <u>Toolkit</u> to extend this legacy of service.



8 Ways to Prevent Hearing Loss

Medically Reviewed by C. Nicole Swiner, MD on June 29, 2023 Written by WebMD Editorial Contributors

- 1. Avoid Too Much Noise
- 2. Be a Quiet Enforcer
- 3. Limit Loud Sounds in Your Life
- 4. Wear Hearing Protection
- 5. Don't Smoke
- 6. Remove Earwax Properly
- 7. Check Medications for Hearing Risks
- 8. Have Your Hearing Tested

Many adults eventually realize they're pressing the "volume up" button on the TV remote more often, or that a lot of people around them need to speak up. While there are plenty of myths about hearing loss, there are two common reasons people start to lose their hearing:

- Age: As you get older, the tiny hair cells in your inner ears slowly break down and can't pick up sound vibrations as well as they used to.
- Noise: A lot of loud sound over time can damage the hair cells in your ears. The good news? You can do some
 things to avoid noise-induced hearing loss and keep age-related hearing loss from getting worse. Here are
 eight tips to help keep your ears as sharp as possible.

1. Avoid Too Much Noise

How loud is too loud? If you have to shout over the noise around you, it's loud enough to damage your hearing. Sounds from motorcycles, concert speakers, power tools like saws and drills, earphones, and more are all loud enough to make a difference.

2. Be a Quiet Enforcer

Think about buying appliances and devices that have low noise ratings. And if it's too loud in the movie theater, restaurant, or any other place you go often, ask the manager to turn it down. It's a good idea to carry earplugs.

3. Limit Loud Sounds in Your Life

Sometimes you can't avoid the blare of an ambulance siren or the jackhammer on your street corner. But it's best to limit the amount of time you're around them. Noise-induced hearing loss is a result of the loudness of sounds and how long you hear them.

4. Wear Hearing Protection

If you know you're going to be around loud sounds for more than a few minutes, think about wearing protection, such as:

- Earplugs. Usually made of foam or rubber, they go in your ear canal and can reduce noise by 15 to 30 decibels.
 You can buy them off-the-shelf or have them custom-made to fit you. Some earplugs lower noise levels evenly across all frequencies. They're useful for people who need to make sound quieter but undistorted, such as musicians.
- Earmuffs. These fit completely over your ears and reduce sounds by about 15 to 30 decibels. They have to fit
 tightly over both ears to block sound.
 - You can also wear earplugs and earmuffs together for even greater protection.
 - Have custom molds made for your earphones.
 - If you often listen to music on earphones using a portable music or video device, it's a good idea to have
 custom earphone molds made. There are relatively inexpensive custom ear molds that conform to the
 unique shape of your ear canal and attach to the earphone's wires. You will find the sound truly superior
 as the custom ear molds will block outside noise, allowing for better quality listening. A variety of

custom ear molds are available for use with earphones, while others are designed for musicians and people who are exposed to noise. Your audiologist can help you select the best style for you.

5. Don't Smoke

Tobacco can make you more likely to lose your hearing, too, research shows. So if you light up, that's one more good reason to quit. If you aren't a smoker, avoid breathing secondhand smoke.

6. Remove Earwax Properly

A buildup of wax in your ears can muffle sound. But don't use a cotton swab to clean them out — they can push wax deeper in. Instead, use an at-home irrigation kit to soften wax and gently wash it out. If it gets compacted in your ear, your doctor may need to remove it.

7. Check Medications for Hearing Risks

About 200 drugs can damage hearing, including some antibiotics and cancer-fighting drugs. Even high doses of aspirin can harm your ears. If you take a prescription medication, check with your doctor to make sure it won't make an impact. If you must take a medication that may harm your ears, make sure your doctor checks your hearing and balance before and during your treatment.

8. Have Your Hearing Tested

Make an appointment to get a hearing test if you:

- Have close relatives with hearing loss
- Have trouble hearing conversations
- Are around loud noises on a regular basis
- Often hear ringing in your ears
- You haven't had one before

If you have some hearing loss, you can avoid getting more damage by steering clear of loud noises. If your problem is severe enough, think about a hearing aid or other treatment. Be sure to see your doctor if you have a sudden change in what you can hear that you can't explain. It could be a symptom of other serious medical problems.

Symptoms of Severe Hearing Loss

If you lose hearing, either suddenly or over time, details of conversations may become fuzzy. Sounds will become muffled and gradually fade.

Depending on the cause of your hearing loss, you may also have:

- Pain in one or both ears
- Dizziness or vertigo
- Ringing in the ears, called tinnitus
- Pressure or fullness in one or both ears

Additional Information

Normal hearing is in the range of 0 to 20 decibels. People with normal hearing are able to make out sounds as faint as human breathing, which measures about 10 decibels.

- Mild hearing loss ranges from 21 to 40 decibels.
- Moderate hearing loss ranges from 41 to 55 decibels.
- Moderately severe hearing loss ranges from 56 to 70 decibels.
- Severe hearing loss is in the range of 71 to 90 decibels.
- Profound hearing loss is greater than 90 decibels. People with severe to profound hearing loss will have trouble hearing speech, although they can make out loud sounds like a truck that backfires or an airplane taking off.



Hello Lions and Leos.

Greetings from Central Pennsylvania and the 2024 State Convention host District 14T. We have been meeting and planning for many months to provide you with a great convention experience. Enclosed are various items that you should review and share with your clubs, so they are aware of what has been planned for the 101st annual convention of Multiple District 14 – Pennsylvania, in May.

We have created a new convention newsletter this year to provide you with the full details of the convention all in one place. And we are looking forward to Multiple District 14 welcoming Lions Clubs International President Dr. Patti Hill to Pennsylvania and her theme this year, **Changing the World.**

While we have done much of the planning, the one thing we still need is you. Please take some time to review the newsletter, registration form, room reservation instructions, request for raffle baskets, and advertising contract. The new feature this year is the ability to register and pay online through the MD14 Lions website palions.org.

Please note the various deadlines for convention registration, room reservations and program booklet advertisements.

Stop by and see us in February in State College at the third State Council Meeting and watch for 2024 convention information on the state website, in the Pride newsletter and your District newsletters.

Contact the State Office or me with any questions.

We look forward to seeing you when you "Head to Harrisburg" in May!

PDG Pete R. Van Zandt, Chairperson 2024 State Convention Committee petevz@msn.com

Please note: The entire newsletter can be found in the email! Just look for the State

Convention box!



RETURN FORM BY MAY 1, 2024

PA State Council of Lions Clubs STATE CONVENTION



→ REGISTRANT (Complete <u>SEPARATE</u> Form For <u>EACH</u> Attendee)

LAST NAME LION LEO GUEST CIRCLE MEMBERSHIP	FIRST N	AME PIP PID CIRCLE TITLE	DG VDG	DISTRI PDG CC	PCC
ADDRESS	☐ HOME		STATE	ZIP CODE	
PHONE	— 🗌 work	EMAIL CONG	VDFD 1 VIALLE		74.0 00 .
MEAL	NO NO	SPECIAL CONS	Hearing	vision Ph	estrictions/Allergies ysically Challenged
RESERVATIONS:	To the state of th	- 10 mm	NVENTION REGIS		
*Coffee, Tea, Decaf, Ice Tea Includ FRIDAY LUNCH BUFFET - \$2! Mesquite Chicken, Pulled Por	5 per person		RY RESTRICTIONS /		\$
PA COUNSELORS/DISTRICT GO Tossed Salad, Oven Roasted	OVERNORS HON	NORS BANQUET	- \$35 per pe	rson	********
PICK ONE: Sliced Roast	Beef With Par Buttered Had	n Gravy dock			
SATURDAY LUNCH BUFFET - S Baked Stuffed Chicken with Chan Green Beans, Mashed Potatoes, 1	npagne Cream Sa	i luce, Cheese Ravi	oli. Tossed Salad	, Coleslaw,	\$
Caesar Salad, Mashed Potatoes Chicken Fore	ANQUET - \$3 with Gravy, Gree estiere with Mus	5 per person n Beans, Dutch A chroom Sauce			
Sliced Londo	n Broil with Mu	shroom Sauce			\$
SUNDAY MELVIN JONES FELLOW Scrambled Eggs etc., Bacon & Sa Assorted Cereals, Fresh Fruit, Asso	V/KEY MEMBER usage Links, Home	e Fries with Peppe	rs and Onions. Fr	ench Toast	\$
58K-288-0	Amount D	ue for Me	al Reserva	itions	\$
No vts Planning to A	ttend the Vision ttend the Hersh	ey Trolley Tour	(NO CHARGE) \$18 per pers	on	\$
Make Checks Payable t	Clara Color Central Color	ntion			
Lichards	48 Dale, PA 170 um@gmail.			TAL DUE	\$

Thursday May 16th through Sunday May 19th, 2024

101st ANNUAL PENNSYLVANIA LIONS CLUBS STATE CONVENTION



Thursday, May 16 through Sunday, May 19, 2024 Red Lion Hotel Harrisburg-Hershey 4751 Lindle Road, Harrisburg, PA 17111



HOTEL INFORMATION

The hotel has a block of rooms for the PA Lions 101st Convention. Contact the hotel to make a reservation. The discounted rate of \$130.00/night is in effect until May 1, 2024.

To make a room reservation call 717-939-7841 and dial "0" for the front desk.

If you would like to make a reservation online the booking code is Pa State Council Lions Club and the link is available on the State website.

New Online Convention Registration is Now Available!

To register for the Convention and all meals online go to the State website – **palions.org** and fill out the electronic form with your selections. Pay with a debit or credit card.

Calling All Leos to Attend the 101st State Convention!

Leos and Leo Advisors, please plan on attending the 101st State Convention.

Convention registration is FREE for all Leos!

We hope to see you there!

Ad Copy Requirements Ads submission Deadline is Friday, April 26th, 2024

- For Best Quality Electronically send print-ready PDF or JPEG files at the exact ad size to
 - ccuddy@vrocp.org Type "Lions Convention Ad" in the subject line.

Enclose a paper reference copy along with this form and your payment.

Clean, reproducible hard copy, a business card, or letterhead, can be submitted to be scanned but reproduction quality in the final publication will not be guaranteed. Please do not fold, tape, or staple within the image area. Cover placements are on a first-come, first-served basis, and will be reproduced in full color. reserved \$250 Outside back cover (1) Inside front cover (1) 4.5" X 7.5" Check one \$200 Inside back cover (1) 4.5" X 7.5" \$200 4.5" X 7.5" — Full page — \$100 4.5" X 3.75" \$60 [Half page — 4.5" X 1.375" Quarter page — \$30 **Program Advertising Contract** The undersigned authorizes the insertion of their advertisement (enclosed) in the 2024 PA Lions State Convention Booklet, published for their convention which takes place May 16-19, 2024. Club/Company Name Address State Zip City___ Authorized Signature ______ Title Phone ____ Make checks payable to: 2024 State Convention 14-T Cheryl Cuddy c/o VROCP Mail this form, payment, and copy of your ad to 1130 S 19th St. Harrisburg, PA 17104 Convention Program Booklet Patron Ads Donation for a single line (not to exceed 40 letters/spaces) is \$5. Please type or print legibly. 1. 2. 3. 4. 5.

Please Consider Donating a GIFT BASKET



Please make sure it is delivered to the convention hotel by May 16th

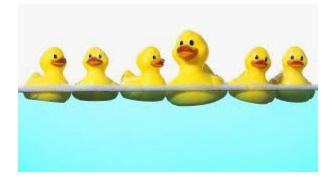






For Questions Contact PDG Pete Van Zandt at: petevz@msn.com

District 14-E Duck Race



District 14-E will be having its 3rd Annual Duck Race to raise funds for PA Lions Beacon Lodge Camp. The camp operates in the summer for those with special needs and also offers sessions for veterans and their families.

We will be selling 1000 tickets for \$5 each. Lion Jonathan Carver, from Beacon Lodge will be bringing 1000 ducks on Sunday April 21st to Yukon Lions Park and we will have our own race. There will be 4 prizes; 1st place (\$500), 2nd place (\$300), 3rd place (\$195), and last place (\$5). The remaining proceeds will be donated to the camp to assist with their financial needs for updates and maintenance that is needed to keep the camp functioning.

Yukon Lions will be having their Annual Pancake Breakfast that morning, so come out and support two great causes in one day!

Tickets have been distributed to all clubs in the District. We need everyone's support in making this a successful event.

Please contact DG Amy Thompkins to return your ticket stubs and money for your club's tickets (412-551-0327 or amoose309@yahoo.com). Please try to have the stubs and money turned in by April 1st!





51stAnnual District 14-E Knights of the Blind Open



PDG Thomas L. Gregg 1130 Willowbrook Road Rostraver Township, PA 15012 (724) 872-0707 Tomgregg1@verizon.net Glengarry Golf 66 Lentz Road Latrobe, PA 15650 (724) 423-4653 www.golfglengarry.com

Hi Fellow Lions and LEOs

We have begun planning for our Annual Knights of the Blind Golf Outing. The outing will be held at Glengarry Golf Links on Saturday, July 27, 2024. Registration starts at 1 PM and Shotgun Start at 2 PM. Cost is \$100 per golfer if registrations are post-marked by June 22, 2024. Registrations postmarked after that date through July 13, 2024 will be \$110 per golfer. Registrations include green fee, cart, soft drinks on the course, sandwich at the turn skill prizes, and dinner. The registration form is included with the newsletter.

Sponsorships are where we raise the money that is donated to the causes selected by the District Governor. Our sponsorships have been in decline for several years. We need our clubs to step up and be a sponsor for the outing and we ask that you get one business from your area to be a sponsor as well. The various levels of Sponsorships are on the Sponsorship Form. We are currently looking for a Lion to be the chair for this committee. If interested, please let Outing Chairperson PDG Tom Gregg know as soon as possible.

VDG Lisa Gismondi is chairing the Prize Committee. We already have a 22" Blackstone Tabletop grill. We are looking for ideas for both large (Big Board) prizes and for door prizes. Some possibilities include a Trex Bench, golf clubs, etc.

WE have the following Committees:

- 1. Secretary DG Amy Thompkins
- 2. Volunteer Committee PDG Jason Mesher
- 3. Hole in One Committee Lion Mark Close
- 4. Basket Raffle VDG Jeff Jordan and PID Cindy Gregg
- 5. Drink Committee PDG Chuck and DG Amy Thompkins
- 6. Prize Committee VDG Lisa Gismondi
- 7. Sponsorship Committee ?

Please consider being a part of our team. Our next Meeting is on Thursday, February 15th at 6:30 PM. It will be at King's Restaurant in the Home Depot Plaza on Route 30.

Yours in Service, Tom Gregg KNOB Chairperson.



51st Annual District 14-E Knights of the Blind Open

PDG Tom Gregg 1130 Willowbrook Road Rostraver Twp., PA 15012 (412) 576-0708 tomgregg1@verizon.net



Glengarry Golf Links 166 Lentz Road Latrobe, PA 15650 (724) 423-4653 www.golfglengarry.com

Saturday, July 27, 2024

Registration 1:00 PM

Shotgun Start: 2:00 PM

REGISTER EARLY AND SAVE \$10!

Registration must be received by July 13, 2024 and all forms must include payment. No Exceptions and no onsite registration payments will be accepted.

REGISTRATION INCLUDES:

Green Fee and Cart, Snacks, Free Beer/Soft Drinks, Sandwich at turn, Skill Prizes, Souvenir Gift, and Dinner.

Please note that the amenities included with your registration is subject to change due to COVID-19 restrictions or other unforeseen circumstances.

REGISTRATION FORM

\$100.00 per player for registrations post-marked by June 22, 2024. \$110.00 per player for registrations post-marked between June 23 and July 13, 2024. Make checks payable to "District 14-E Lions."

CONTACT PERSON:	
ADDRESS:	
PHONE NO.:	EMAIL:
TEAM MEMBERS (please indicate if anyone v	vants their dinner to go):
1	
2	
3	
4	

Submit Registration Form and Checks to:
PDG Tom Gregg
1130 Willowbrook Road
Rostraver Township, PA 15012
tomgregg1@verizon.net



51st Annual District 14-E Knights of the Blind Open



PDG Tom Gregg 1130 Willowbrook Road Rostraver Twp., PA 15012 (412) 576-0708 tomgregg1@verizon.net Glengarry Golf Links 166 Lentz Road Latrobe, PA 15650 (724) 423-4653 www.golfglengarry.com

	SPONSORSHIP FORM	
NAME OF ORGANIZATION: _		
CONTACT NAME:		
PHONE NO.:	EMAIL:	

SPONSORSHIP	BENEFITS	COST	SELECT HERE
Diamond Level	Registration for 2 golfers, tee sign, full- page program ad, and recognition during dinner	\$1,000.00	
Gold Level	Tee sign, full-page ad, and recognition during dinner	\$500.00	
Silver Level	Tee sign	\$150.00	
Bronze Level	Beverage cart sponsor	\$75.00	
Individual Level	Golf cart sponsor (not available for clubs or businesses)	\$50.00	
Program Ads:	Full-page Half-Page Quarter-Page Patron	\$100.00 \$75.00 \$50.00 \$2.00/name	

All sponsorship information and artwork must be turned in by no later than **July 13**, **2024**. Make checks payable to "**District 14-E Lions**" and put "**2024 KOTB Ad**" in memo line. Please return this form and forward any artwork to be used on either the signage or in the program ad to:

Send payment to:

PDG Tom Gregg

1070 Willowbrook Road

Rostraver Township, PA 15012

tomgregg1@verizon.net

(724) 872-0700

Rostraver Township, PA 15012

PDG Robert Mesher

441 Gallitin Road

How Our Clubs are helping our Communities to make the world a better place.....

ZONE 1

CHESTNUT RIDGE – 24 members. Feb: Chestnut Ridge did not meet in the month of January due to bad weather and poor health. We held one meeting in February and had an attendance of 8. We voted to move our meeting times to noon throughout lent so that members can visit church services on Wednesday evenings. We voted to contribute \$850 to the district projects.

GREENSBURG EAST HEMPFIELD – 10 members. Feb: Prepared for Garden Clean up and PennDOT Road Clean Up. Partnered with Rotary, Kiwanis and State Police to produce a License Plate Inspection on May 18 in Greensburg as a public service and recruiting opportunity. Planned payment to Beacon Lodge for a camper, costs have risen dramatically. Eyeglass collection continued with over 200 pairs on hand. Plastic collection continues, with changes in collection protocol, over 200 lbs. in calendar year 2024.

LATROBE-DERRY - Feb: 21 members, including new member Lori Falcone. Honored students of the month from Derry Area and Greater Latrobe. members helped sort clothing, etc. at Torrance Hospital. March: 23 members, including new members Grant Nicely and Sharon Smith. Volunteered at Torrance, helped with local back packs, volunteered at Food bank, served at St Vincent DePaul shop, honored students of the month from Latrobe and Derry, purchased eyeglasses for a needy individual, volunteered at local historical societies, turned in 150 pairs of eyeglasses, collected pliable plastic for a park bench.

MT. PLEASANT TOWNSHIP – 46 members. Feb: Donated a new microwave and an ice maker to the MPAHS Life Skills classroom. Donated \$225 to the Kindness Closet at the MPAHS. Donated \$300 to Special Olympics and \$250 to Big Brothers and Big Sisters. Club will hold an AYCE breakfast with the Norvelt VFD on Sunday, March 17, from 8 to 1 at the Roosevelt Hall. March: Held pancake breakfast with Norvelt VFD. Held monthly subs and pepperoni rolls sale. Held White Cane collection at Mt. Pleasant Walmart.

NEW FLORENCE – 22 members. **Feb:** Valentines Day dinner held for members and guests. Broom prices went up, to be discussed in March. **March:** Cost of brooms went up, members agreed to keep price the same. Will order same amount as last year. Cash ticket – once we receive new small games of chance licenses, it was agreed to purchase three sets of tickets at one time. New business: Linus Project is a group of ladies that make blankets for hospitals in Westmoreland, Washington and Allegheny Counties for new born up to 18 years. They lost their funding. It was agreed to make a donation to help them out. Brooms and ticket sale is set for April 13 at the Uni-mart from 8:00 to noon. New Florence days is June 1 and Bolivar Days is June 17. We will be selling hot sausage, hot dogs and drinks. Tragedy struck our area. A eight year girl died in a car accident. Her parents are in the same fire dept. that Rick, Don and Bejo belong too. It was agreed to send the family our standard donation from the club plus the members made personal donations. She was always at the fire hall with her parents and older brother. She was a great young lady and will be TRULY missed.

ZONE 2

ROSTRAVER TOWNSHIP – 45 members. Held a pancake breakfast. Sending 1 delegate to the Lions Club International convention. Taking out a full page ad for the State Convention Booklet. Still ongoing bags for benches.

SEWICKLEY AREA – 9 members. Broom sales ongoing. March: provided glasses to local student.

YOUNGWOOD – 36 members. **Feb**: We recycled 55 pair of eyeglasses. We made donations of \$360.00 to the LDBAW "NCAA Basketball Fundraiser", \$300.00 to the Blackburn Center "Walk a Mile in Her Shoes", \$500.00 to Leader Dog "Adopt a Puppy", and \$269.00 to a local girl needing special eyeglasses. **March:** We donated \$500.00 to the family in Jeannette that suffered the tragic fire recently. We donated \$500.00 to Logan County Ohio Tornado Relief and Recovery. We recycled 218 pair of eyeglasses. Preparing for our April 20th Pancake and Sausage Breakfast.

ZONE 3

ALLEGHENY TOWNSHIP - 10 members. **Feb:** Continued with Meals-On-Wheels, attended District 14-E Cabinet meeting, held regular club meeting, continued selling Lions brooms. **March:** Continued with Meals-On-Wheels, held club meeting, installed Allegheny Twp. Lions history cabinet at Allegheny Twp. municipal building.

ARNOLD – 11 members. Looking into fund raisers, looking into a tour and a show, to be decided at next meeting.

DELMONT – 36 members. **Feb:** Collected 358 pair of glasses for recycling, 2 hearing aids for recycling, sold 4 brooms. Club members assisted with Lions Lunchables on 2/6/24 & 2/20/24. 3 members attended the 3rd State Council Meeting in State College. 4 members attended the 3rd Cabinet Meeting. 3 members attended the Diabetes Meeting. 1 member attended the District Golf Meeting. 8 members attended monthly meeting and took part in starting to tie fleece blankets for the hospital. **March**: collected 200 pairs of used eyeglasses for recycling, sold 11 brooms. Members assisted with Lions Lunchables on 3/6/24 & 3/19/24. Members/friends/family attended the District Bowling Tournament on 3/17/24. 2 members assisted another club with Road Cleanup. Members attended various club activities in the District.

LOWER BURRELL CITY – 26 members. **Feb:** Collected new infant pajamas and donated to local charity. Continue to collect eyeglass donations. Attended first ever meeting held by city officials for all clubs and organizations in the city to determine their need and how all can work together. Planning for club officers, upcoming Farmers market, raffle tickets and flag program. Club's new secretary being trained to use Al during our meeting to generate meeting minutes immediately. **March:** Club continues to collect eyeglasses from several locations in the city. Planning for our upcoming Farmers Market where we sell brooms and raffle tickets. Working with local organizations for a joint program to raise money to purchase new flag poles and flags to fly through the cities of Lower Burrell, Arnold and New Kensington for holidays.

MURRYSVILLE – 18 members. Feb: Held Valentine's dinner with members & guests; 3 members attended Cabinet meeting; held 1 dinner meeting. March: 1 member & 1 guest attended the bowling tournament. Held 2 dinner meetings; collected items donated for shelter; 4 members & 1 spouse volunteered at the Westmoreland County Food Bank (10 hours); attended the Cyber Club meeting; attended Norwin Lions Cubcake Wars event; 1 member attended Beacon Lodge board meeting (2 days); collected, sorted, boxed & delivered 342 pairs of glasses

VANDERGRIFT - 26 members. Feb: We continue to collect used eyeglasses, sell Lions brooms and loan out used hospital equipment. We lost life member Donald Rupp, who was a member since 10/1981. March: We continue to sell Lions Brooms, collect eyeglasses and loan out and take in used hospital equipment.

WASHINGTON-BELL – 13 members. Feb: Planning a Star Party at Kunkle Park for the total eclipse on April 18. We will be having another "Movie in the Park" on May 18, 2024. We will be stocking trout in Pine Run for free fishing for kids. Continue selling brooms and collecting eyeglasses. **March:** Stocking Pine Run with fish for free fishing for children under 12 in April. Held a Highway Clean-up on March 23rd. Distributed special eyeglasses for the upcoming eclipse. Planning a "Free Movie In The Park" at Kunkle Park on May 18. Continue selling brooms and collecting eyeglasses.

ZONE 4

BUSHY RUN – 37 members. Pancake Breakfast at Community Methodist Church on March 16. 2024 8am-noon.

LEVEL GREEN – 35 members. Feb: Community/fundraiser Soup & Sandwich event Feb. 10. Hosted 3 students of the month scholarship presentations. Members attended Leadership Symposium in Butler. March: Hosted 5 students of the month scholarship candidates. Held Community Consumer Education event featuring Mary Bach, 30+ attendees. Pancake Breakfast. One member attended Lions RLLI weekend in Harrisburg. Club sponsored Reality Tour attendance costs with PTCDA and Level Green Women's Club. Ongoing aluminum can and used eyeglasses collections, building rentals. Members volunteered for Meals on Wheels. Board meeting and general meeting held.

MANOR – 16 members. Collected used eyeglasses and sold brooms. A member attended the Lions Leadership Symposium in Butler.

NORWIN – 32 members. Donated gift cards to food insecure students at Norwin School Districts elementary and intermediate schools. Collected eyeglasses, sold brooms and recycled plastic. Held signature fundraising event Cubcake Wars at Norwin High School.

Thank you to those clubs reporting. A reminder – you must submit your activities and service reports to Lions International online. This is separate from your submission to the District Newsletter through the www.lions14e.org website. If you have any questions about reporting your club's service to LCI, please contact your zone chair as soon as possible.

"If it isn't reported, it didn't happen...."









Some pics from the Norwin Lions Cubcake Wars

CLUB HAPPENINGS! Please support your District's Clubs



SAVE THE DATE! May 18, 2024

The Greensburg East Hempfield Lions are joining forces with the Rotary and Kiwanis for a joint service project.

On May 18, 2024, they will host a License Plate Inspection program.

From 10 am to 2 pm traffic will be directed at the Greensburg Fire Hall #1 on McLaughlin Drive to inspectors from the State Police. They will examine, assess and document automobile license plates which are aged, damaged or difficult to read.

The Troopers will have signed documents to accommodate any plates which need replaced. The vehicle owner needs to only mail in the signed documents for replacement plates.



(Corner of Lincoln and Sherwood)



District Bowling Tournament 2024

Thanks to all who attended this year's District Bowling Tournament. A great time was had by all. Lions, friends and family from New Florence Lions, Delmont Lions, Rostraver Twp Lions, Murrysville Lions & Level Green Lions attended. The bowling alley has been reserved for the 3rd Sunday in March for the 2025 District Bowling Tournament, so please mark your calendars now!

Scoring results are as follows:

Woman's High Game Scratch—DG Amy Thompkins—241 Woman's High Game Handicap—Brittany Dopkowski—230 Men's High Game Scratch—Lion Gary Baird—244 Men's High Game Handicap—Lion Bejo Nanni—259

Women's High Series Scratch—DG Amy Thompkins—509 Women's High Series Handicap—Brittany Dopkowski—601 Men's High Series Scratch—Lion Gary Baird—602 Men's High Series Handicap—Lion Bejo Nanni—598

Bowling Tournament Co-Chairs Lions Alice SJohn Heasley





DG Amy is presenting a check to sponsor the 2024 WCBA Golf Outing



Lion Todd Zavolta (Level Green) at RLLI



Lion George, Scoutmaster of Troop 211 (Delmont Lions) was awarded the Silver Beaver Award in Scouting



DG Amy with Lions from Bushy Run Lions Club 76th Charter Night. Receiving Chevron Awards: PDG Cliff Martin (55 years), Lion Alan Rudick (15 years), Lion Allen Mochnick (20 years)



DG Amy presenting a MJF to Lion Kip Good at the Bushy Run lions Club 76th Charter Night celebration.



Chevrons were presented to the following Delmont Lions recently: Lion Doug Harr (20 years), Lion Alice Heasley (20 years), Lion Dave Paluselli (15 years)

Delmont Lions Club



St John's Church 497 Athena Drive, Delmont, PA 15626

Saturday, April 27th, 8a-12p Adults—\$9, Kids under 12—\$5

Basket Raffle

All proceeds will benefit Lions Projects and Delmont community groups.



Westmoreland County Blind Association

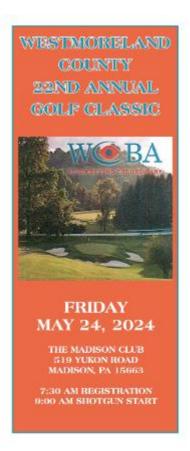
911 South Main St. - Greensburg, PA 15601

Since 1948, the mission of the Westmoreland County Blind Association (WCBA) has been to improve the quality of the of the blind and the visually impaired, and to assist in the prevention of blindness in Westmoreland County. In order to fulfill our mission, the WCBA offers the following services that enhance the productivity and independence of these individuals.

- Employment for the intellectually challenged and sight impaired in our Work Activity Center document destruction program.
- Employment for the blind and visually impaired in our Manufacturing Area. Through contracts obtained in association with the National Industries for the Blind, these employees produce products for the Department of Definition.
- Specialized Services provides assistance to the blind consumer in areas such as Chare Services, Life Skills Education, and Transportation.
- The Low Vision Center offers aids and appliances to the visually impaired that enable these clients to read printed material, watch television, and function independently. Dr. Onts Cakanao, O.D. F.A.A.D., a low vision specialist, works in conjunction with the WCBA to provide this service.
- The Prevention of Blindness Program screens
 3 to 5 year old children for eye problems.
- The Custom Embroidery Department offers embroidered promotional terms:

Your ongoing support of the Westmoreland County Blind Association will enable us to continue to serve the blind, sight impaired and intellectually disabled in our community. Non Profit Org. U.S. Postage PAID Permit #189 Gwensburg PA







Registration begins at 7:30 am 18 holes of golf with cart, lunch at the turn, games of skill and chance, steak dinner at 2:30 pm, raffles, prizes and a commemorative gift.

Only \$100 per golfer Limited to the first 120 golfers!!

Gift Donations

Your donation of a gift certificate or an "in kind" item is greatly appreciated and will be used as a prize or in a raffle. For your generosity, a Thank You recognition will be placed in the event program.

For pickup please contact the WCBA Fundraising Dept. at 724-837-1250, Ext. 11.



	Registration
Nan	ne
Con	tact Person
Add	iress
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	Please indicate participation level
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ā	100 NO 500 TO TO 100 100 100 100 100 100 100 100 100 10
a	Golf Cart Sponsor \$500
	Beverage Carl Sponsor \$500
u	Tee Spansor \$50
0	Prize Sponsor Item
	Approx. Value
۵	Goller Package
	Oty @ \$100 each - \$
	Lunch Only \$50
	Total Due S
_	Golfer Names
1	217.7000.700
2	
-	
3	
4	
P	lease return registration along with payment
	by May 10, 2024
	Westmoreland County Blind Association 911 South Main Street - Greensburg, PA 15901
Cred	lit Card (circle): Am Ex • Discover • Master Card • Vis
Acce	ount#
Ехрі	ration Date
Sign	offure
-	WCBA is a 501(e)3 non-profit organisation.



PENNSYLVANIA LIONS APPRECIATION DAY

Join us in celebrating the hero Lions that make PA Lions Beacon Lodge Camp possible!



A DAY OF FUN AND APPRECIATION.

JULY 21ST, 2024 FROM 9AM TO 3PM.
MORE DETAILS TO COME...

PA Lions Beacon Lodge Camp 114 State Route 103 SOuth Mount Union, PA 17066 814-542-2511 office@BeaconLodge.org



SCAN OR CODE FOR MORE INFORMATION. *PLAD



PENNSYLVANIA LIONS BEACON LODGE CAMP

114 SR 103 SOUTH, MOUNT UNION PA 17066 (P) 814-542-2511 (F) 814-542-7437 Web: www.BeaconLodge.com Email: office@beaconlodge.org

PENNSYLVANIA LIONS' APPRECIATION DAY CELEBRATING 76 CONTINUOUS YEARS OF CAMPING SUNDAY, JULY 21, 2024

Sunday, July 21, 2024, has been designated as "Pennsylvania Lions Appreciation Day." This is the day to recognize not only Immediate Past District Governors, District Liaisons, and all Lions and Leos for their outstanding support of the Beacon Lodge Program.

As a Lion or Leo, you are cordially invited to bring your families to Beacon Lodge to join the festivities. Festivities will begin at 9:00 AM. Lunch will be served from 11:30 AM to 12:30 PM. The cost is \$10.00 per person.

Pin Traders are invited to participate – contact Jason Radmann at lionjasonradmann@gmail.com if you wish to display pins.

Clubs planning to arrange for bus transportation are urged to give the camp ample notice so adequate parking arrangements can be made. Bring lawn chairs and or blankets for seating during the camper's talent show. Certified service animals are allowed to attend if you bring the certification paper from the training entity.

We hope you will be able to visit the camp on "Pennsylvania Lions Appreciation Day" to observe what your contributions have made possible. Every Lion in the Commonwealth of Pennsylvania should be very proud of their part in making the Beacon Lodge Camp possible.

PRE-PAID RESERVATIONS <u>MUST</u> BE MADE IN ADVANCE BY JUNE 30 PLEASE SEND THE COMPLETED FORM (BELOW) TO THE ABOVE ADDRESS WITH PAYMENT

PLEASE NOTE: NO RESERVATIONS WILL BE ACCEPTED AFTER JUNE 30, 2024

PENNSYLVANIA LIONS APPRECIATION DAY JULY 21, 2024

	5021 22,							
PLEASE RESERVE	Picnic Meals @\$10.00 EACH	= TOTAL	\$					
TICKETS WILL BE PICKED UP ON JULY 21 BY:								
NAME & ADDRESS OF	PERSON MAKING RESERVATION:							
NAME	STREET	СПУ	STATE	ZIP				
Club and District								
		TOT	AL ENCLOSED \$					

A 501(c) 3 NON-PROFIT ORGANIZATION (GIFTS ARE TAX DEDUCTIBLE)



Pennsylvania Lions Beacon Lodge Camp

Will hold its 21st Annual

GREAT DUCK RACE

Held at PA Lions Beacon Lodge Camp on Lions Appreciation Day Sunday, July 21, 2024

Post Time 12:30

Donation \$5.00

1st Place Prize--\$1,000

2nd Place--\$500.00 4th Place--\$125.00 3rd Place--\$250.00 5th Place--\$125.00

Don't hesitate to contact your Beacon Lodge Board Member for tickets and information.

REGISTER TODAY

Beacon Lodge's 8th Annual Golf Outing

> Saturday, August 24th, 2024

Shotgun Start at 1 PM

American Legion Country Club Mount Union, PA 17066

18 Hole Scramble

Only \$85 per golfer Includes:

- ⇒ Greens Fees
- ⇒ Cart Prizes & Awards
- ⇒ Snacks, Beer, Pop, & Water all day
- ⇒ Food is available throughout the day

Limited to 80 Players— First come, first served



1st Place Team — \$300

2nd Place Team — \$200

3rd Place Team — \$100

Plus

\$50 Pro Gift Shop Certificate Skills Prizes on all Par 3s Longest Drive & Longest Put

Register Today!
Contact: Jonathan Carver
114 State 103 South
Mount Union, PA 17066
(814) 542-2511
office@beaconlodge.org
Make checks payable to:
PA Lions Beacon Lodge Camp

PA Lions Beacon Lodge Camp 8th Annual Golf Outing August 24, 2024

Add-Ons

Over	night Accommodations
	t Beacon Lodge CampFree
Pleas	e call Beacon Lodge to make arrangements
	814-542-2511
Early	Bird Colf - 18 holes
	ristone Assessed TX (all stords 1974)

Sponsor Information*

Name for Sign:	
District 14-	
Contact:	
Address:	-
Phone:	
Email	

"Send before August 9, 2024 Thank you for helping us serve! In 1948, Lion Carl Shoemaker helped found Vacations for the Blind, a summer camp designed for adults with vision impairment. Since then, the name was changed to PA Lions Beacon Lodge Camp. The program has also changed to include children and adults with a wide range of disabilities. By providing a sponsorship or joining us at the American Legion Country Club, you will be

helping us continue our mission of providing a summer camp experience to our statewide community of Adults and Children living with Special Needs



PA Lions Beacon Lodge Camp c/o Jonathan Carver 114 State Route 103 South Mount Union, PA, 17066



PA Lions Beacon Lodge Camp 8th Annual Golf Outing

Saturday, August 24, 2024, 1:00 pm

American Legion Country Club Mount Union, PA, 17066 814-542-4343



PA Lions Beacon Lodge Camp

Are you looking for a way to help special needs children and adults **AND** have fun?

Then, this golf outing is exactly what you're looking for!

When: Saturday, August 24, 2024 Check-In – Noon Shotgun start at 1:00 pm

Where: American Legion Country Club Mount Union, PA, 17066

Format: 18-hole Scramble

Price: Just \$85/golfer includes—

Green Fees Cart

Prizes & Awards

Snacks, beer, pop, and water

all day

Food is included throughout

the day

Note: make checks payable to "PA Lions Beacon Lodge Camp" and return:

> c/o Jonathan Carver 114 State Route 103 South Mount Union, PA, 17066

8th Annual Golf Outing

Prizes

1st Place Team \$300 2nd Place Team \$200 3nd Place Team \$100 Plus,

Skills Prizes on all par 3s: Longest Drive and Longest Putt -\$50 Pro Shop Gift Certificates

Your support as a Sponsor is *crucial* to the success of PA Lions Beacon Lodge Camp.

Sponsor Levels:

Diamond - \$10,000 Includes Naming Rights for the outing, Logo Branding on event website, Score Cards, and all pin flags; a 3'x2' diamond-shape Pavillon Sign, 4 paid Foursomes and an 18'x12' Hole Sponsor Sign (at a tee or green)

Ruby - \$5,000 Includes 3'x2' Ruby sign, 2 paid Foursomes and an 18'x12' Hole Sponsor Sign (at a tee or green)

Platinum - \$2,500 Includes 3'x2' Platinum sign, 2 paid Foursomes, and an 18'x12' Hole Sponsor Sign

Gold - \$1,500 Includes a 3'x2' Gold Sign, 1 paid Foursome, and an 18"x12" Hole Sponsor Sign

Silver - \$1,000 Includes a 3'x2' Silver Sign, 1 pald Foursome, and an 18"x12" Hole Sponsor Sign

Bronze - \$500 Includes a 3'x2' Bronze Sign and an 18'x12" Hole Sponsor Sign

Hole - \$100 Includes an 18"x12" Hole Sponsor Sign

Cart - \$50 Includes an 8.5"x11" sign on cart

Golfer Registration Form PA Lions Beacon Lodge Camp

Format: 4 Person Scramble (One single-digit handicap per team)

Team Name	
Golfer #1	
Address	
City/St/ZIP	
Phone (III)	
Phone (W)	
Fmail	Hcp
Golfer #2	
Address	
City/St/ZIP	
Phone (H)	
Phone (W)	
Email	Hcp
Golfer #3	
Address	
City/St/ZIP	
Phone (H)	
Phone (W)	
Email	Hcp
Colfer II4	
Address	
City/St/ZIP	
Phone (H)	
Phone (W)	
Email	llcp



To facilitate the processing of samples	registrations, we would appreciate knowing if y	our club has approved sponsorships. In February, forms will be availa
on the camp website: BeaconLodge.or		out that approved aportationings. In the dury, to this will be a state
We		will provide the following sponsorship(s):
Name of Lions/Leo Club	District	County
\$475 - Adopt a Counselor		Check Enclosed: Check #
\$950 - Camper Sponsorship		Check will be mailed by (date):
\$1200 - Project New Hope		Beacon Lodge Camp to bill club:
\$1200 - 1 Family for 5 days(\$	1,200 includes 2 parents and 1 child.)	(note all billing is done after camp closes in August; if y
(Additional Family Members	are + \$50. Up to 6 Family Members)	want billed before this please specify above)
Total \$ Amount		
YES, PA Llons Beacon Lodge	Camp may designate the person(s) to benefit t	from our sponsorship.
NO, Please designate the sp	oonsorship to the following person(s):	
Camper Name	Age Address	New Camper: YES/No
finew camper, please have the campe	r contact Beacon Lodge Camp at 814-542-2511	for camper registration information.
Person Completing Form:		
Name	Address	
Club Office/Position	Phone	Email
		's registration. A camper will be considered registered upon receipt
Please note: The commitment or payn the completed registration and the \$10 PLEASE COMPLETE AND RETURN TO:		's registration. A camper will be considered registered upon receipt: EMAIL - office@beaconlodge.org

Western Pennsylvania Lions Hearing Foundation Fellowship Application

Offering Support Through The Fellowship Program

The Western Pennsylvania Lions Hearing Foundation Fellowship has been established to help provide funding for the continuance of providing hearing aids for individuals in need. By naming a person a WPLHF Fellow your contribution goes toward helping those with hearing challenges be able to once again hear and communicate with the world around them.

For a \$250.00 donation the recipient of the fellowship will receive a lapel pin and plaque indicating them as a fellow. The recipient of this award need not be a Lion. Anyone who supports the process of improving hearing can be honored with this award.



The application can be found in the Newsletter Email. Just scroll down and find the block that says "Western PA Lions Hearing Foundation Fellowship Application" and click on it.

If you wish for a copy to be emailed to you, please reach out to PDG Lance Remic or myself at the following emails:

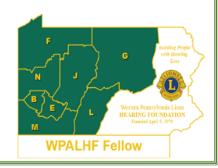
Lremic@hotmail.com | lisgis67@gmail.com

Offering Support Through

A Donation

Financial support from contributors, like you, is the Foundation's only source of funds. Your contribution can help ensure that there will be adequate funding to continue providing service for deaf and hard of hearing individuals. The Foundation will also accept donated hearing aids.

If you, your Lions Club or organization would like a presentation or if you are interested in making a donation contact the chairperson (director) in your Lions District.



District 14-E Lions Facebook Page





Like Us on Facebook - District 14 E Lions

District 14-E Lions - The Official Facebook Page of District 14-E

Send your information to Amanda or Lance Remic for your Club's activities to be posted to the District's Facebook page. We want to show all that is being done by Lions of District 14-E.

Send info advertising your upcoming events or share photos of the events that have taken place to show the fun and success your Club had.

Email your info to akbrant@atlanticbb.net (Amanda) or <a href="mailto:remember:rememb



Don't forget to tag us on your photos and posts on Social Media!

Use the following hashtags on Twitter, Instagram (IG), Facebook (FB) or whatever other social media outlet that uses "hashtags". Hashtags are a way of grouping like posts.

#district14eweserve

#district14elions

#14EDGAmy

Scan this QR Code to check out the District 14E Website!

What is a QR Code?



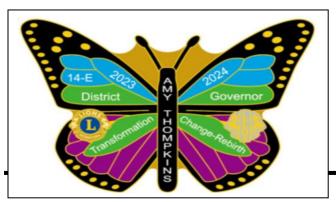
QR codes are 2D barcodes which contain any kind of information that can redirect scanners to online information. This QR Code, when scanned, will take you to the District 14E website. Try it out!

(you will need to have a QR Reader app on your phone)









2023-2024 DISTRICT 14-E PROJECTS DONATION FORM

CLUB	DATE
Beacon Lodge Camp for the Blind	\$
Care-A-Van	\$
Diabetes	\$
Disaster Relief Team Fund	\$
Eye Research	\$
Pediatric Cancer	\$
Leader Dogs for the Blind	\$
Lions Clubs International Foundation (LCIF)	\$
Lions of Pennsylvania Foundation	\$
PA Lions Hearing Research Foundation	\$
Western PA Lions Hearing Foundation	\$
Westmoreland County Blind Association	\$
Westmoreland County Deaf Services	\$
TOTAL DONATION:	\$

Please note: If your club has not already submitted donations, they must be received by May 1, 2024 to receive credit for 2023-2024 Lions Year. Donation check should be made out to District 14-E Lions and this form should accompany the check. Please mail check to Cabinet Treasurer, PDG Robert Mesher, 441Gallitin Road, Belle Vernon, PA 15012. If necessary check can be given to District Governor Amy before the deadline.

District 14-E Change Agents:

DISTRICT 14-E CABINET - 2023-2024



District Governor	Amy Thompkins	Delmont	amoose309@yahoo.com	412-551-0327
1st Vice District Governor	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
2 nd Vice District Governor	Lisa Gismondi	Delmont	Lisgis67@gmail.com	724-454-3653
District Secretary	Kara Knode	New Alexandria	kpurvis77@yahoo.com	724-689-5560
District Treasurer	Robert Mesher	Rostraver Twp	robertmesher@comcast.net	724-323-5458

District Global Action Team (GAT) Coordinators

Leadership	PDG Chuck Thompkins	Delmont	chuckt@yahoo.com	724-989-8250
Membership	PDG Lance Remic	Slickville	lremic@hotmail.com	724-309-6750
Service	PDG Charlie McGrew	Sewickley	Cjmcgrew1@verizon.net	724-446-2546

Zone Chairpersons

Zone 1	Amy Thompkins	Delmont	amoose309@yahoo.com	412-551-0327
Zone 2	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
Zone 3	Lisa Gismondi	Delmont	Lisgis67@gmail.com	724-454-3653
Zone 4	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646

Communications

Communication/Publicity	John Russo	Norwin	apdjr@aol.com	724-864-3844
Website	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
Newsletter	Lisa Gismondi	Delmont	lisgis67@gmail.com	724-454-3653
District Admin (Club	Denise Poole	Norwin	dypoole@comcast.net	724-787-6183
Reporting Support)				
Social Media	Amanda/Lance	Slickville	akbrant@atlanticbb.net /	724-984-7644
	Remic		lremic@hotmail.com	724-468-4626



Transformation Change -Rebirth

IMPORTANT WEB ADDRESSES

Like us on Facebook: District 14-E Lions

Please consider a Personal Contribution to either of these two charities to supplement Club Donations. Thank You!

https://fourdiamonds.donordrive.com/index.cfm?fuseaction=cms.page&id=1175

https://www.lionsclubs.org/en/donate



AMY THOMPKINS, DISTRICT GOVERNOR DISTRICT 14-E PENNSYLVANIA, USA 2023-2024

AMOOSE309@YAHOO.COM 412.551.0327