# District 14-E Westmoreland County Newsletter

August 2024



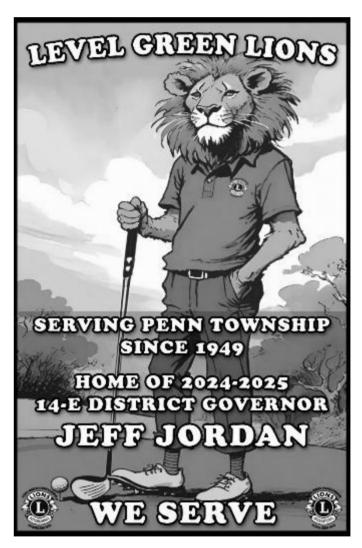
We very recently held the annual Passing of the Banner, where PID Cindy Gregg "officially" pulled the "ELECT" ribbon from my new name tag, and where the DG banner was officially passed from Delmont's King Lion Barry Auman to Level Green's King Lion Todd Zavolta.

Something I observed as IPDG Amy Thompkins presented many awards to notable Lions: many of us tend to wonder, even as we are being acknowledged, "Gee, what did I do?" This can actually be the mark of a servant leader, and one who leads from the heart.

As you will hear me say time and time again, "time" is the most precious resource to give. When we devote our time in service to our communities, we are putting our shared compassion into action. Keep up the good work, because it really does take all of us, as we work to serve our world and to grow our ranks.

One of my Level Green Lions Club colleagues took the time to create a beautiful full-page ad, sponsored by the club, for the Knights of the Blind Golf Outing. Due to an error on my part, the artwork never made it to where it needed to be (D'oh!), and Lion Kim Mesher had to create a (very nicely done) replacement. I'm pleased and proud to share this one with you here and now. Thanks, Mo Aschkenas, for this amazing creation (which will also hang on my wall).

Let's hope this is the biggest "oops" of my time as District Governor! Best wishes for a safe and healthy August.



# DG Jeff Jordan

### Dear Fellow Lions:

Happy August! Whew! It's been a HOT one, (to say the least) and as always, it is going fast! I just wanted to take a minute to thank all of you for your kind words, texts, and well wishes about my son's wedding last month. It was a beautiful day, and it meant a lot to me to hear from so many of you! THANK YOU!

So last month, my article included the criteria for the **Club Excellence Award**. The criteria identified were the requirements for the 2023-2024 year. Well, the 2024-2025 year requirements came out recently and there were a few updates. Following this message, you will see a copy of the form and identified in \*red\* are the changes for this year. Your call to action for August, however, does not change! Please send representatives from your club to the **Club Officer Training on the 12**<sup>th</sup> so that you can check off one of the criteria under the Leadership category!





To assist with one of the other categories, **Marketing**, I will be conducting my first **Club Support Meeting in September**, and the topic will be **"Social Media 101"**. This will be an introductory course, and it will touch on the WHO, WHAT, WHERE, WHEN and WHY of all things related to social media and the benefits of having a digital footprint for your club. Other members from the District Communications Committee will also be available to talk and answer questions about our District Website, District Facebook Page, and we will answer any questions you may have regarding social media in general. So, if you have never tried to set up your own page before and are curious OR have a page and are looking for ways to spruce things up or tips on how to

increase engagement, be sure to register! There is a flyer later in this newsletter with information on how to get registered. (Note: This will be an ONLINE session and so please be sure to register ahead of time)

Lastly, you are probably starting to hear more and more about DG Jeff's theme "Neighbors in Service". The concept of Service isn't anything new to all of us Lions. We know what it is, and our clubs are engaged in a variety of service projects every month! To be Neighbors in Service takes it up a notch. Reach out to a neighboring club to do a joint service project. Or maybe partner up with another organization in your community to work on something together.

Lions, you can also be true neighbors in service by actively supporting our district. By joining a committee, you contribute your unique skills and perspectives to important projects, ensuring our success. Participating in district events not only strengthens community bonds but also showcases the collective impact of Lions' efforts. Advancing in leadership roles allows you to guide and inspire others, fostering a culture of service and dedication. Together, these actions demonstrate your commitment to making a positive difference at the district level and beyond.

Please don't hesitate to reach out to myself or any of the other members of our District Leadership if you would like more information on how you might be able to serve at the district level.

Let this be the year that you Make your Mark!

# VDG Lion Lisa G

# Changes to the 2024-2025 Criteria have been identified below in red:



Lions I	nternational			
2024-2025 CLUB EXCELLE	ENCE AWARD AF	PPI ICATION	Date	EXCELLENCE)  CLUB
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2024-2025 Oub President's Name Member Number:	Email Address:			
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2. SERVICE				or 10%
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The club has publicized its service activities through local media or social media. Marketing provide link or URL Provide a link to where they were publicized: Learn more about promoting your dub and activities, and learn about the Marketing Award. 2024-2025 District Governor Signature\* "If sent from district governor's registered email, it qualifies as signature on applications submitted electronically Due by: August 31, 2025 Send to: dubexcellencesward@lionsclubs.org Awards mailed to: 2025-2026 district governors

Request to review award eligibility from a disqualified club will be considered only if received at international Headquarters within 12 months after completion of the Lion year, provided that the original application form is already filed at Lions International.

# The International Association of Lions Clubs





Jeffrey Jordan
District Governor, District 14-E
Pennsylvania, U.S.A. 2024-2025
358 McWilliams Road
Trafford, PA 15085
412-418-3646
Jeffreybob14e@gmail.com

# NOTICE OF FIRST CABINET MEETING

TO: CABINET OFFICERS AND COMMITTEE CHAIRPERSONS, CLUB

PRESIDENTS AND SECRETARIES, ALL LIONS AND LEOS

DATE: SATURDAY, AUGUST 17<sup>TH</sup>, 2024

PLACE: TRINITY UNITED CHURCH OF CHRIST (FELLOWSHIP HALL)

39 EAST PITTSBURGH ST, DELMONT PA 15626

TIME: 8:45 a.m. PAST DISTRICT GOVERNORS MEETING (Past District Governors only)

9:15 a.m. PRE-CABINET MEETING (Current District Cabinet only)

9:30 a.m. CABINET MEETING (all Lions members and club representatives)

<u>ATTENTION:</u> Please provide a full written report to DG Jeff Jordan by Sat. Aug. 3 so that copies can be provided and distributed to clubs. Only summary reports are to be delivered at the cabinet meeting and will be limited to three minutes. Provide details in the written report to be shared with all clubs.



# Join Us for our first Club Support Session of the year: Social Media 101!

m Date: Sunday, September 8, 2023

**(b)** Time: 7:00 PM - 8:00 PM

Cocation: Zoom (Link will be provided upon

registration)

# Learn how to enhance your Lions Club's digital presence!

This club support session will cover the essentials of creating and managing a successful social media strategy, with a focus on Facebook. Discover tips and tools to engage your community, increase visibility, and showcase your club's impact.



# **Topics Include:**

- The importance of a digital footprint
- Setting up and optimizing your Facebook page
- Creating engaging content
- · Utilizing tools like Canva and Pic Collage
- · Best practices for posting and interacting

# **Register Now!**

To receive the Zoom link, please fill out this form by September 1, 2024. Just copy/paste this link into your browser to enroll:

https://forms.gle/uVJAqURswZqbpijd6

Don't miss this opportunity to boost your club's online presence and connect with your community!

# Thank You

I would like to take a moment to say thank you once again to all the Lions of District 14-E. Your support and guidance during my journey made it a time I will cherish and remember forever. I never imagined my Lions family and life would expand to the extent it has, and I am grateful for the opportunities being a Lion of District 14-E has opened for me.

You put your faith in me, supported me throughout my journey to becoming your District Governor and allowed me to serve by your side throughout the most amazing year of my Lion's career, and I will be ever grateful to all of you.

As I have said several times, District 14-E could not have accomplished all we did without everyone working together for the common goal of serving others. So, let's keep the momentum moving forward and hop on the Neighborhood Trolley with DGJeff leading the way!

Yours In Service, IPDG Amy



IPDG Amy presented various certificates of appreciation to several clubs during the Banner Passing. Here are just a few pictures of some of the Lions who accepted these certificates on their Clubs' behalf. See all the Banner Passing photos on the District 14-E website! Congratulations to all the clubs of District 14-E for your continued support to enable our District to achieve many of our goals for the year!



Dear Fellow Lions and Leos,

Welcome to a new Lions' year. DG Jeff and some of his Global Action Team will be meeting in Orlando this month to fine tune the district's action plans to increase membership, retain our present members, and charter new clubs.

While only a few are being trained, it's all of our responsibility to help with these goals.

To help Keep our present members:

Know your Lions and make them feel welcome.

Evaluate their interests and talents, and utilize them..

Encourage their participation at meetings, service projects, and fundraisers.

**P**amper them a bit. (Everyone likes to feel special.)

Emphasize teamwork. After all, there is no I in team!

Maintain good fellowship while having fun at your meetings and activities.

Also, before you "drop the deadwood," consider the negative affect this may have, not only for the dropped member, but for others, as well. Delve into the reason for non-payments or non-attendance (which is no longer a requirement.)

Finally, as we settle into our new year, ask your Lions to rededicate themselves with this pledge:

"Recognizing the debt we owe \* to the vision and leadership of our Lions' founders \* and the officers at all levels of our Association, \* I reaffirm my dedication \* to the high principle of our organization, \* as stated in our Code of Ethics and Lions Objects, \* and promise to meet with renewed vigor \* the challenge to serve \* wherever the need may be."

自 Thank you for your dedication. Best wishes to all of you as you "Make Your Mark" this Lions' year.

Yours in Friendship and Service, Cindy Gregg, PID



Some very special awards were presented by PID Cindy Gregg to the following Lions: Henry Kedzierski, Todd Zavolta, and Ron Brown received the PIP Patti Hill Leadership medal and Mark Tintori received PIP Patti Hill's presidential certificate. What is LCIF?

Some of you may ask, "What is LCIF? Or What does LCIF do?"

LCIF stands for Lions Clubs International Foundation. Its mission is to empower Lions clubs, volunteers and partners to improve health and well-being, strengthen communities, and support those in need throughout humanitarian service and grants that impact lives globally and encourage peace and international understanding. And we fulfill it every day, everywhere we serve. Lions have been doing this for over 100 years, throughout the world, serving, by putting the needs of others first.

LCIF provides many grants to empower our service to others. As a result of our donations and the donations of others, LCIF has been able to provide grants totaling over 1.2 Billion dollars since 1968. Focus area include Vision, Youth, Disaster Relief, Humanitarian, Diabetes, Childhood Cancer, Environment and Hunger.

LCIF and Lions clubs would not be able to help those in need without continued support through your individual donations, club donations and District donations, so it is vital to continue your support of LCIF. I will again have the LCIF Board this year—squares will be \$10 each and after 100 are sold, a Melvin Jones winner will be pulled. I really hope to clear the board twice this year...with your support! The board will be at all trainings, Cabinet Meetings, Zone Meetings, and will be with me when I visit your club!! Yes, I said when I visit your club. I would like to visit clubs with a very short presentation on LCIF, plus it will give me an opportunity to catch up with you and your clubs!

So, in closing, remember how important it is to donate to LCIF as you are changing someone's life!

∄Yours In Service,

IDPG Amy





# Westmoreland County Blind Association



# YOU'RE INVITED

Save the date for WCBA's third annual BINGO fundraiser!

- Date: Saturday, October 5, 2024
- Time: Begins at 11:45 a.m.
- Where: West Point Fire Hall in Greensburg
- Cost: \$25 per person

We've got a great afternoon planned that includes lunch, 20+ games, strip tickets, 50/50, gift baskets, and more! Stay tuned for more details.



If you'd like to donate a prize or gift basket please <u>email Amy Patz</u> or give her a call at 724-837-1250 ext 11.



# **LEADERSHIP**

Hello Fellow Lions,

Summer is going by way too fast. Another Lions Year off to a good start. I hope you are all doing well. I am noticing clubs growing with new members. I know growing can sometimes be hard but stay focused and strong.

I want to remind you that the Club Officer Training is on Monday, August 12<sup>th</sup> at Hoss's in Greensburg at 6pm. PDG Tom and IPDG Amy are going to focus on the Club Secretary and Club Treasurer roles, and of course the new Portal. Please note anyone interested in learning can attend as this is NOT just for current Officers. We will briefly touch on President and Membership. Please bring questions that you have and don't hesitate as we want to help make your jobs easier, so please plan to attend so you can learn, and remember, don't be afraid to ask!!

Lions' leadership roles and positions are what our clubs and District need to continue to grow. Learning don't be shy...come find out what and how YOU can and do make a difference!!

I would like all Clubs to take a moment to see what other clubs are doing. I would like to see you all help each other out. This is a great way to meet and get to know each other and get new ideas.

We are also holding a Vision Screening Training on the new vision screeners. This training will be held on Wednesday, Aug 14<sup>th</sup> at 6:30pm at the Penn Township Ambulance Building, 1030 Sandy Hill Road, Irwin, PA—thanks to King Lion Joy for making the outreach and securing the location!

Lions, please have fun, grow and serve your community needs!! I thank you all for all you do and continue to do!!

Remember to RSVP to me as soon as possible about both trainings. I can be reached by phone at 724-989-8250 or email, <a href="mailto:chuckt309@yahoo.com">chuckt309@yahoo.com</a>.

Keep an eye out for the Club Supports Meetings which will be coming soon and plan to attend the Fall Leadership Symposium in October—see flyer for additional information.

Until next time,

PDG Chuck







# Club Officer Training

Monday, Aug 12, 2024 6pm at Hoss's in Greensburg RSVP to PDG Chuck Thompkins

# Vision Screening

Wednesday, Aug 14, 2024 6:30pm

Penn Township Ambulance Building 1030 Sandy Hill Rd, Irwin, PA 15642 RSVP to Chuck Thompkins or Joy Clontz

(Joy's email: jrare42comcast.net)



# PA Lions Fall Leadership Symposium Certified Guiding Lion Training

Sunday, October 6, 2024

12P-5P

Butler County Asso for the Blind 322 N. Cedar St, Butler, PA 16001 RSVP to PDG Kerry McKnight

WE NEED YOU!!





# **Annual Pennsylvania Lions**



# Fall Leadership Symposium

"CERTIFIED GUIDING LION TRAINING"

\*2 LOCATIONS\*

Saturday, October 5, 2024 9 AM-2 PM

PA Lions State Office

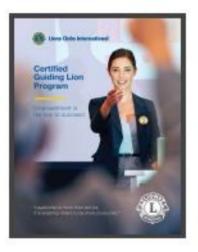
949 East Park Drive, Harrisburg, PA 17111

Lunch available for a \$8.00 donation (Pay at the Door)
\*OR\*

# Sunday, October 6, 2024 Noon-5 PM

Butler County Association for the Blind 322 N. Cedar Street, Butler, PA 16001 Snacks will be available





# FREE & OPEN to all MD-14 Lions

To register contact PDG Kerry McKnight at MD14GLT-LEARN@yahoo.com or call (717)759-0711
Space is Limited!

Embowerment is the key to success!

# LEADERSHIP SERVICE MEMBERSHIP

# **MEMBERSHIP**

# GLOBAL MEMBERSHIP TEAM – BRING SOMEONE TO THE NEIGHBORHOOD

# DISTRCT 14-E MEMBERSHIP

# 686 Members

District Membership stands at **686 Lions**.

The Year is off to a fast start and we are heading in the right direction so far in regards to our District Membership.

Congratulations to the Latrobe-Derry Lions Club (+5) and the Yukon Lions Club (+1) for their membership growth efforts so far.

Use them as motivation to set goals for your own Lions Club Membership growth for the Lions Year.

Let's work together to make this year's Membership to end higher that it started. If we achieve this, it would be something we have not seen in the District for over a decade.

Neighbors in Service Make Your Mark



# BRING SOMEONE TO THE NEIGHBORHOOD

Bring Someone was the idea introduced last year of bringing in new Members to Lionism. We will focus this year on bringing in those Members to our Neighborhoods. While our Clubs are part of and Serve the Neighborhoods we are from, we will focus on those Clubs as Neighborhoods in themselves and the bonds we have as Lions.

# The Summer Olympic Games

Have you been watching the 2024 Summer Olympic Games that are being held in Paris France? It's fun to see the World come together in athletic competition and great to cheer on the athletes of Team USA as they strive for a medal in their sport – hopefully that glimmering gold.



The sights of the Olympics in the "City of Lights" bring us athletes <u>in</u> the top of their games in a city that is historically known for its dedication to the arts. It brings chills to us in our living rooms, getting to hear our National Anthem played when a gold medal is won.

## Olympic Symbolism

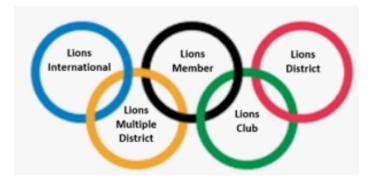
The Olympic rings symbolize the connection to each other to embody a unified world. The Olympic flame symbolizes the light of spirit, knowledge, and life. Passing the flame from one person to another, expresses handing down the symbolic fire from one generation to another.



# Contact Me

PDG Lance H. Remic, D-GMT 122 Country Lane Export, PA 15632 724-309-6750 lremic@hotmail.com

### Lions Unified World



Being a member of a Lions Club is a great achievement for an individual. Not only for the way that it changes their lives but also because of the great part that person becomes unified with. We need to grow our membership and pass our Lions spirit for service on to those that follow us.



We have a flame that symbolizes our membership in our Lions Club and that is our Lions logo pin. Our motto is "We Serve" and the more members that we bring into our organization the move lives we impact Worldwide.  $oldsymbol{x}$ 

# **Questions and Answers**

## Q: What does Lions unification mean?

A: It means we are something more than just our individual impact as a Lions. We are part of our Lions Clubs, they are part of our Lions District, the group of District's in an area make up our Multiple District (MD-14 is the state of Pennsylvania), and we are all part of Lions International. It takes all levels to make our organization complete.

## Q: What does unified membership allow for?

A: Serving together allows our impact to extend further — not just to our local communities, but across the state, country, and worldwide. By having more members, we can grow and pass the spirit of Lionism on to the next generations of Lions. With that new ideas for service can be formed and new leadership is developed. It all starts by asking another person to join.



The Mooch - Olympic Gold Medal Champion



# New Members!

# Welcome to the New Members of District 14–E

## Name:

Carol Croll Matt Grove Dale Livermore Spencer Simpson Noah Wilson Norman Brawdy

# Club:

Latrobe-Derry Latrobe-Derry Latrobe-Derry Latrobe-Derry Latrobe-Derry Yukon

## Sponsor:

PDG Mary Ellen Miller Michael Payne Michael Payne Michael Payne Grant Nicely Donald Maughan



# **SERVICE**

# **Service**

The final club numbers are below according to what I could find in the reporting system.

As our district did pretty well in reporting, you will notice some clubs didn't report anything last year. If you did report, thank you. Your district had 690 activities report. These activities served 207,353 people thru 26,797 hours. Our Multiple District, MD14, had 14,891 activities, served 2,610,704 people thru 382,084 hours.

# 14-E Service report for Lions year 2023-2024

<u>,</u>	•		
Club	activities reported	people served	volunteered hours
Allegheny Township	29	6160	1107
Chestnut Ridge	20	764	275
Delmont	121	48761	7792
Greensburg-East Hempfield	45	29251	3428
Latrobe-Derry	3	6501	25
Level Green	21	1207	951
Lower Burrell City	1	52	20
Manor	19	8765	896
Murrysville	50	2895	515
New Alexandria	53	911	1727
New Florence	154	28430	1590
New Kensington	14	70	10
Norwin	1	1000	50
Rostraver Township	66	45392	4954
Sewickley Area	4	381	8
Slickville	3	801	34
Vandergrift	41	3370	524
Youngwood	31	4063	597

## Kindness Matters Service Award

This prestigious award is given annually to a handful of Lions and Leo clubs for performing an outstanding service project in one of our global cause areas. Nominated at the club level, the Kindness Matters Service Award is a challenge for Lions and Leos to develop exceptionally innovative and creative service projects with the aim of leaving a positive impact in their communities. Below, you'll find more information about some of the 2022-2023 winners' service projects.

### Award criteria

For clubs to be eligible, they must be in active status, have completed a service project that meets the needs of a cause area and have reported it.

Use the following criteria to determine if a service project could be considered for this award.

Addresses needs within Lions International global causes: diabetes, environment, vision, childhood cancer, hunger, disaster relief, youth, humanitarian

Demonstrates creativity and innovation

Achieves impact of scale and long-term sustainability

Elevates the Lions brand.

See the next two pages for the guidelines for this award.

Thank you for reporting,
PDG Charlie McGrew 14-E GST

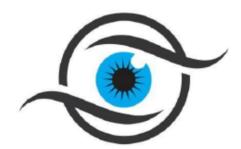














FREE EYE SCREENING

For all ages at

Manor Community Day by

Manor Lions Club



# KINDNESS MATTERS SERVICE AWARD GUIDELINES

This service award is designed for clubs who create high-impact service projects within one of the Lions International and Lions Clubs International Foundation (LCIF) cause areas, including diabetes, childhood cancer, environment, hunger, vision, disaster relief, youth or humanitarian.

# Overall objectives include:

- Encouraging creativity and recognizing high-impact service projects
- Rewarding clubs for high-caliber service activities within each of Lions International's causes

### Eligibility

A total 30 awards this year will be awarded at the club level with a minimum of three awards reserved for Leo clubs that:

- Are in active status
- Reported their project(s)
- Did not receive the award within the last three fiscal years

### Criteria

Award consideration will be given to clubs performing service that:

- Addresses needs within Lions International and LCIF's causes: diabetes, environment, vision, childhood cancer, hunger, disaster relief, youth, humanitarian • Demonstrates creativity and innovation
- Achieves impact of scale and long-term sustainability
- Uses Lions International's values to shape positive experiences and create engagement and connection with the Lions brand (this is also known as "elevating the Lions brand")

## THE NOMINATION PROCESS

The nomination process starts at the **club level**, then moves to the **district**, and then **multiple district**. Nominations must be sent electronically to the next level and endorsed to be considered complete. Nominations that are sent to Lions International without endorsements or signatures will not qualify.

### Club

July 1 – August 15

The club service chairperson (or the Leo club president) nominates a single service project. If there's no club service chairperson, a member of the club cabinet can nominate.

August 15 – September 15

The club president (or Leo club advisor) must sign the nomination and the Lions club service chairperson (or the Leo club president) must send the endorsed nomination to the next level (D-GST) electronically.



## District

September 15 – October 31

The D-GST nominates one Lion service project and one Leo service project from their district. If there's no D-GST, then a district governor can nominate the projects...

 The nominator must consult with the district cabinet about their Lion and Leo nominations, but no signatures are required to endorse the nomination. The D-GST must send the nominations to the MD-GST electronically.

SECTION CONTROL CO

# KINDNESS MATTERS SERVICE AWARD GUIDELINES (continued)

### Multiple District

- The MD-GST nominates a single Lion service project and a single Leo service project from their multiple district. If there's no MD-GST, then the council chairperson can nominate the projects. Nominations are due October 31.
- The nominator must consult with the council of governors about their Lion and Leo nominations, but no signatures are required to endorse the nominations. The MD-GST coordinator my send the nomination to Lions International electronically.

### Lions International Board of Directors Service Activities Committee

lanuary

Winning clubs are selected by the Lions International Board of Directors Service Activities Committee and notified.

March

Winning clubs receive their award from Lions International.

### What about undistricted clubs and clubs in single districts?

The process is mostly the same, except a Coordinating Lion simply sends the nominations to the GAT Area Leader. No signatures to endorse the nominations are necessary.

### HOW TO RATE NOMINATIONS

The following section will help the district and multiple district levels rate received nominations to help determine which nominations advance to the next level.

Please note: It is highly recommended to assemble the district cabinet at the district level and the council of governors at the multiple district to help determine which nominations advance to the next level.

### Rating questions to consider when reviewing nominations.

Ratings should be considered on a scale from 1-5 (1-lowest; 5-highest) for the following criteria on how well the nominated service project:

- Addresses needs within the global causes: diabetes, environment, vision, childhood cancer, hunger, disaster relief, youth, humanitarian • Demonstrates creativity
- Demonstrates innovation
- Achieves impact of scale
- Achieves long-term sustainability
- Elevates the Lions brand

### RECOGNIZE WINNERS!

Below are ways MD GSTs can help recognize and celebrate award winners.

- Winning clubs will be notified by January
- Recognize the winner in your local Lions' or Leos' publications and social media outlets
- This will help promote your club and create community support of your service events!
- Prepare a press release announcing the winner. Include a picture of the club in action at their service project!
- Note the specific successes of the project.
- Ensure that the award is presented to the winning club at a prestigious event by the highest-ranking officer.
- Invite the media to attend this event!
- · Lions International may use the following mediums to celebrate and recognize award recognize winners:

- Lions International Blog
- LION Magazine
- <u>Lions</u> International social media
- Lions International Convention booklet

# I spy with my little eye...







During the International Convention each year, there is a special induction ceremony where all District Governor Elects are sworn into their new positions. During this ceremony, their ELECT ribbon is pulled from their name tag.

DG Jeff Jordon was unable to attend the convention and so to help celebrate this special tradition, PDGs Mary Ellen Miller (2011-13, 2013-14), Lance Remic (2015-16), Samuel Snively (2016-17), and the District's oldest living PDG at 99 years old, Tom Dix (1977-78), had the honor of welcoming Jeff Jordan to the esteemed office of District Governor during his first DG Visit with the Latrobe-Derry Lions.

PID Cindy Gregg made it official by swearing in DG Jeff and pulling off his Elect tag during the Banner Passing Picnic that was held later in July. **CONGRATULATIONS DG JEFF!!!!!** 





supporting

# Children & Youth Services (Foster Care)

of our PA Counties

What: pajamas of all sizes from newborn through age 18.

The greatest need is for teenage youth.

(Appropriate PJs please, no spaghetti straps or short-shorts.)

When: through October 25th, 2024

Where: give the pajamas to your local Lions Club.

The Lions will bring them to our PA Lions Council Meeting at the Red Lion Hotel Harrisburg Hershey on October 25, 2024.

for more information contact LionLisa14U@gmail.com







# **Women and Families & Literacy**

I really thought the dog days of summer mostly occurred from July 23<sup>rd</sup> to August 23<sup>rd</sup>, but July had the most robust perennials quenching with thirst. As a safety reminder for those living in Westmoreland County, if you need a cooling center, (plants excluded); you need to call 211. This number will connect you to the closest cooling center and other *Non-Medical Emergencies* you may have. Make sure you always call 911, for any true medical or injury emergencies. Other safety tips include proper hydration and avoiding drinks loaded with caffeine. Pay attention to your urinary output, if your urine is dark in color, you are on your way to severe hydration. Make sure to be extra kind and check on neighbors that do not have air-conditioning or the elderly, whose temperature regulatory systems may by inadequate. Just a few safety tips during this prolonged heat wave.

On a lighter note, did you know that the month of August was named after Augustus Ceaser, the first Roman emperor? The prior name had Latin origins and was formally known as Sixtelis. Augustus worked hard maybe it was his work ethic and not the heat that coined the phrase, "Dog Days of Summer?" A little humor is so much needed when the temperature is hot, and everyone is cranky. Despite all the temperature woes, there are a few of my favorite wacky celebrations that will make you smile and might be fun to celebrate with the family.

August 1 – National Respect for Parents Day – This is on my bucket list!

August 5 - National Work Like a Dog Day!

August 6 - National Root Beer Float Day, and National Wiggle Your Toes Day!

August 8 – International Cat Day and National Bowling Day (Second Sunday)

August 12 – National Youth Day and (My 41st year Anniversary), Reminder to Self!

August 25 - National Banana Split Day!

These are a few suggestions. There is something you can celebrate every day in August so get some fun things done, because school begins soon!

Till next time.....

Mary Popovich, Children and Families





# District 14-E Lions Facebook Page



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Like Us on Facebook - District 14 E Lions

District 14-E Lions - The Official Facebook Page of District 14-E

Send your information to Amanda or Lance Remic for your Club's activities to be posted to the District's Facebook page. We want to show all that is being done by Lions of District 14-E.

Send info advertising your upcoming events or share photos of the events that have taken place to show the fun and success your Club had.

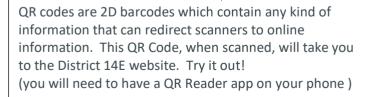
Email your info to <a href="mailto:akbrant@atlanticbb.net">akbrant@atlanticbb.net</a> (Amanda) or <a href="mailto:lerenge-hotmail.com">lerenge-hotmail.com</a> (Lance).

Or text your info to 724-984-7644 (Amanda) or 724-309-6750 (Lance).



# Scan this QR Code to check out the District 14E Website!

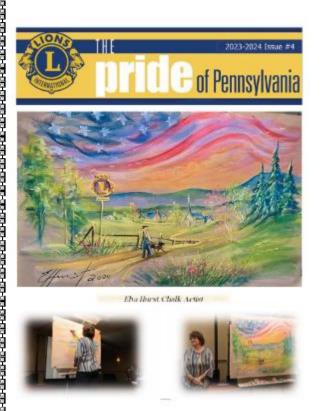
# What is a QR Code?





# Links N' That:

Please find the links in the email to download these other newsletters that you may be interested in reading!







Next up! The next golf outing of the summer is Beacon Lodge on August 24<sup>th</sup>. Have you registered yet?



# PA Lions Beacon Lodge Camp 8th Annual Golf Outing August 24, 2024

Add-Ons

Overnig	ght Accommodations
at E	Seacon Lodge CampFree
Please o	all Beacon Lodge to make arrangements
	814-542-2511

Early Bird Colf - 18 holes Friday, August 23 (all day) \_\_\_\_\_\_ \$24

### Sponsor Information\*

Name for Sign:	
District 14-	
Contact:	
Address:	-
197799063-01	- 20
Phone:	
Email:	

"Send before August 9, 2024 Thank you for helping us serve! In 1948, Lion Carl Shoemaker helped found Vacations for the Blind, a summer camp designed for adults with vision impairment. Since then, the name was changed to PA Lions Beacon Lodge Camp. The program has also changed to include children and adults with a wide range of disabilities. By providing a sponsorship or joining us at the American Legion Country Club, you will be

helping us continue our mission of providing a summer camp experience to our statewide community of Adults and Children living with Special Needs



PA Lions Beacon Lodge Camp c/o Jonathan Carver 114 State Route 103 South Mount Union, PA, 17066



PA Lions Beacon Lodge Camp 8th Annual Golf Outing

Saturday, August 24, 2024, 1:00 pm

American Legion Country Club Mount Union, PA, 17066 814-542-4343



### PA Lions Beacon Lodge Camp

Are you looking for a way to help special needs children and adults **AND** have fun?

Then, this golf outing is exactly what you're looking for!

When: Saturday, August 24, 2024 Check-In = Noon Shotgun start at 1:00 pm

Where: American Legion Country Club Mount Union, PA, 17066

Format: 18-hole Scramble

Price: Just \$85/golfer includes— Green Fees

Cart

Prizes & Awards

Snacks, beer, pop, and water all day

Food is included throughout the day

Note: make checks payable to "PA Lions Beacon Lodge Camp" and return:

> c/o Jonathan Carver 114 State Route 103 South Mount Union, PA, 17066

### 8th Annual Golf Outing

### Prizes

1<sup>st</sup> Place Team \$300 2<sup>nd</sup> Place Team \$200 3<sup>nd</sup> Place Team \$100 Plus, skills Prizes on all par 3st

Skills Prizes on all par 3s: Longest Drive and Longest Putt -\$50 Pro Shop Gift Certificates

Your support as a Sponsor is crucial to the success of PA Lions Beacon Lodge Camp.

# Sponsor Levels:

Diamond - \$10,000 Includes Naming Rights for the outing, Logo Branding on event website, Score Cards, and all pin flags; a 3'x2' diamond-shape Pavillon Sign, 4 paid Foursomes and an 18'x12' Hole Sponsor Sign (at a tee or green)

Ruby - \$5,000 Includes 3'x2' Ruby sign, 2 paid Foursomes and an 18'x12' Hole Sponsor Sign (at a tee or green)

Platinum - \$2,500 Includes 3'x2' Platinum sign, 2 paid Foursomes, and an 18'x12' Hole Sponsor Sign

Gold - \$1,500 Includes a 3'x2' Gold Sign, 1 paid Foursome, and an 18"x12" Hole Sponsor Sign

Silver - \$1,000 Includes a 3'x2' Silver Sign, 1 pald Foursome, and an 18"x12" Hole Sponsor Sign

Bronze - \$500 Includes a 3'x2' Bronze Sign and an 18'x12" Hole Sponsor Sign

Hole - \$100 Includes an 18"x12" Hole Sponsor Sign

Cart - \$50 Includes an 8.5"x11" sign on cart

# Golfer Registration Form PA Lions Beacon Lodge Camp

Format: 4 Person Scramble One single-digit handicap per team)

(One single-digit i	iandicap per team)
Team Name	
Golfer #1	
Address	
City/St/ZIP	
Phone (LI)	
Phone (W)	
Fmail	Нср
Golfer #2	
Address	
City/St/ZIP	
Phone (Li)	
Phone (W)	
Email	Hcp
Golfer #3	
Address	
Phone (H)	
Phone (W)	
Email	llcp
Colfer II4	
Address	
City/St/ZIP	
Phone (H)	
Phone (W)	
Email	llcp





LIONS CLUBS INTERNATIONAL DISTRICT 14-B - PITTSBURGH AND ALLEGHENY COUNTY, PENNSYLVANIA

Past District Governor Mary Ann Belles District 14-B Cabinet Secretary 1274 Old Meadow Road Pittsburgh, PA 15241 <u>Lionmaryannb14b@gmail.com</u> Work 412-833-3450 Cell 412-983-8956

Greetings Lions of District 14-E!

My name is PDG Mary Ann Belles. I have the honor of being voted in as the Chairperson of the Lions Diabetes Board of Allegheny & Westmoreland Counties (LDBAW). Thank you to the Board for having the confidence in me to hold this position of honor.

I truly believe that service is the way to achieve greatness. Our motto "WE SERVE" is what we do. Lions International has our Global Causes – Childhood Cancer – DIABETES – Disaster Relief – Environment – Humanitarian Efforts – Hunger – Vision – Youth. That's what the Lions Diabetes Board does. We help patients that have trouble paying for the diabetes medications. Right now we are helping patients at UPMC McKeesport Hospital and patients at the Indepedence Health, formerly Excela Health, in Greensburg. We recently added permanantly, UPMC East in Monroeville. Patients contact their Doctors and pharmacies to sign up for the assistance. Please see the flyer that is in the newsletter to find out more about the LDBAW.

We have lots of exciting plans for the new Lions year: (SAVE THE DATES)

- Our first is our Golf Outing on Saturday, September 7th. The flyer for the event is also in the newsletter.
  We'll need baskets for our Basket Raffle and of course, golfers. You don't need to be a golfer to support
  the event. You can come and enjoy a delicious lunch after the golf outing. We're are asking for Event
  sponsors, Beverage Cart sponsors, and Tee or Green sponsors. Please send your signup sheet to PDG
  Tom Gregg. We appreciate the support of the Clubs of District 14-B & District 14-E.
- We are working on scheduling a Strides Walk in October/November, depending on the Westmoreland Mall availability. More information will be published later.
- On Saturday, December 7, 2024 we are holding Christmas with the Lions. This year the event will be at the Lampliter in Delmont. We hope the Clubs in District 14-B & District 14-E will help support the event.

We look forward to working with the Lions Clubs in District 14-B and District 14-E to support one of our Lions Global Causes – DIABETES. Each of our Diabetes Specialists are available for information sessions for your Clubs and Zone Meetings. Let me know if you would be interested in scheduling our Diabetes Specialists.

In Lionism, PDG Mary Ann Belles 412-983-8956 <u>Lionmaryannb14b@gmail.com</u>

# Join us for the LDBAW



"Labor Day Diabetes 14-B and 14-E Districts Golf Challenge"

CELEBRATING 30 YEARS OF THE LION DIABETES CENTER

# **Saturday, September 7, 2024**



Butler's Golf Course, Elizabeth, PA Shotgun: 9:00am (8:00 am registration) Cost: \$125.00 per golfer

(Dinner only—\$30)



Event Major Sponsor \$2,500 (Includes 8 golfers, Souvenir Recognition, 4-Dinners, Tee Sign)

> Type 1 - \$1,500 (includes Foursome and Tee Sign)



Type 2 - \$1,000 (Includes Twosome and Tee sign)

Beverage Cart - \$250 Tee or Green - \$100 (sign) Dinner Only - \$30

Mail Check to Chairman:

PDG Joe Donkin (14B) 403 Oak Drive Elizabeth, PA 15037 pdg92932@aol.com



Mail Check to Co-Chairman:

PDG Tom Gregg (14E) 1130 Willowbrook Road Rostraver Township, PA 15012

Make Checks Payable to: (LDBAW A501C3) Lions Diabetes Board of Allegheny and Westmoreland Counties

# Allegheny & Westmoreland County Lions Clubs:

# Raffle Baskets Needed



31<sup>st</sup> Annual LDBAW Golf Challenge Butler's Golf Course, Elizabeth, PA Saturday, September 7, 2024



Businesses, Community Groups, Lions Clubs, and Individuals are encouraged and welcome to contribute a basket to this important fundraising event benefiting education and health programs sponsored by the Lions Diabetes Board of Allegheny and Westmoreland Counties. Programs are based at UPMC McKeesport, UPMC East in Monroeville, and Independence (Excela) Westmoreland Hospital in Greensburg.

# Basket, Gift Card, or Donation Specifications:

- Recommended value \$25 and up.
- No alcoholic beverages may be included (gift cards for alcohol are acceptable).
- Items will be due the week of the event, or can brought directly to the event registration table at 8am with prior notice. Drop-offs and pickups can be arranged.
- To add your name, business, or club to the Basket Raffle donor list, please contact DG Jeff Jordan at jeffreybob14e@gmail.com.

Donor Address:	
Donor Email:	Donor Phone:
Description of Donation/Theme of Baske	t, if known:
	ation to DG Jeff Jordan as soon as you can:
Please provide intended donation inform Email: ieffrevbob14e@gmail.com Phone/text: 412-418-3646	ation to DG Jeff Jordan as soon as you can:

# INTERNATIONAL ASSOCIATION OF LIONS CLUBS DISTRICT 14-E CHILDHOOD CANCER AWARENESS

H#: 724 872-0707 CELL#: 412 576-0708

PDG Thomas L. Gregg, District 14-E Chairperson 1130 Willowbrook Road Rostraver Township, Pennsylvania 15012-3202 tomgreggl@verizon.net



It is with our most sincere gratitude that we announce this year's fiscal year 24's PA Lions Cares-For the Kids fundraising total:

\$36,665.51

Here are some examples of how your fundraising dollars are making an impact:



1,047.6 hours of music therapy for patients to play instruments, sing and listen to or create music to alleviate pain and express feelings (\$35/hour)



244.4 hours of Child Life services to help children cope with their treatment through play therapy and distraction techniques (\$150/hour)



183.3 days for a clinical nutritionist to provide information and resources to help keep a child as healthy as possible and help reduce side effects of therapy (\$200/day)



36.7 days for a team of dedicated social workers to support families with the adjustment from diagnosis, through treatment and into survivorship (\$1,000/day)



33.9 hours of ongoing research, which focuses on finding better, safer treatments and cures for childhood cancer (\$1,080/hour)

Thank you to every person, club, and district that helped make this total possible! Your support means more lives saved, more research that will lead us to a cure, and more hope for our families in the fight. The new FY25 page will be up and running soon. Please stay tuned for some exciting announcements! If you haven't done so already, please send me the name and contact information of your district's cancer coordinator.

For the Kids, Hannah

Hannah Woodward-Bechtel Associate Director of Community Fundraising Four Diamonds at Penn State Health Children's Hospital Office: 717-531-0003 ext. 280239

FourDiamonds.org

# PUPPY SPONSORSHIP

A \$500 donation allows you to choose from a select group of puppies to symbolically sponsor and receive:

- A portrait of your sponsored Future Leader Dog suitable for framing
- Four wallet-size photos to share
- A profile of your Future Leader Dog with fun information such as personality traits, favorite toys and more
- An official sponsorship certificate
- Each sponsorship comes with a matching plush puppy!





**Juno** Michigan



**Toffee** Wisconsin



**Raider** Michigan-Bellamy Creek CF



**Mali** Michigan



Brandy Illinois

# YES! I would like to sponsor a puppy!

Name (Required)			
Mailing Address			
City	State	Zip	
Contact Email Address	Ph	one ()	
Spansoring (places circle ONE puppy) Jun	o Toffoo Paidor	Mali Brandy	

Please make check payable to "Leader Dogs for the Blind" with "Puppy Sponsorship" in the memo. Mail to: Leader Dogs for the Blind, 1039 S. Rochester Rd, Rochester Hills, MI 48307-3115 You can also sponsor a puppy online at LeaderDog.org/sponsor-a-puppy

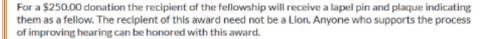


- Raised by volunteer Lion puppy raisers

# Western Pennsylvania Lions Hearing Foundation Fellowship Application

# Offering Support Through The Fellowship Program

The Western Pennsylvania Lions Hearing Foundation Fellowship has been established to help provide funding for the continuance of providing hearing aids for individuals in need. By naming a person a WPLHF Fellow your contribution goes toward helping those with hearing challenges be able to once again hear and communicate with the world around them.





The application can be found in the Newsletter Email. Just scroll down and find the block that says "Western PA Lions Hearing Foundation Fellowship Application" and click on it.

If you wish for a copy to be emailed to you, please reach out to PDG Lance Remic or myself at the following emails:

Lremic@hotmail.com | lisgis67@gmail.com

# Offering Support Through

# A Donation

Financial support from contributors, like you, is the Foundation's only source of funds. Your contribution can help ensure that there will be adequate funding to continue providing service for deaf and hard of hearing individuals. The Foundation will also accept donated hearing aids.

If you, your Lions Club or organization would like a presentation or if you are interested in making a donation contact the chairperson (director) in your Lions District.



# **CLUB HAPPENINGS! Please support your District's Clubs**



# **Lions Club Car Show**

Hosted by the Delmont & Murrysville Lions Clubs Sunday, August 25, 2024 from 11a-4p

> Delmont Fire Department, Delmont, PA 2360 PA-66, Delmont, PA 15626 Enter from Abbe Place-Not Rt66

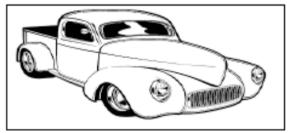
Bring your friends, family & neighbors for a fun filled day!! (No Pets)

Rain or Shine
Donation: \$10.00

Dash Plaques to first 100 \*\* Trophies \*\* Basket Raffle & 50/50

\*\* Food & Drinks available \*\* Entertainment by DJ Larry





# All Vehicles are Welcome!!

Any questions, please contact the Car Cruise Committee:
Alice Heasley (trinjoal@yahoo.com or 724-836-1490)
Doug Harr (harrs5@comcast.net or 724-468-6676)
Dave Paluselli (georgiepal@comcast.net or 724-357-3550)
Barb Cseh (bavcseh35@aol.com or 724-733-0071)

All proceeds will benefit The Westmoreland County Food Bank, Four Diamonds (Pediatric Cancer), Pa Lions Beacon Lodge Camp(special needschildren, adults & veterans), and Lions Diabetes Board of Allegheny & Westmoreland County

Disclaimer: Delmont VFD & the Delmont & Murrysville Lions Clubs cannot be held responsible for any damages to your vehicle during the show.



# **Car Show**

Sponsored by the

# **Delmont & Murrysville Lions Clubs**

# **Sponsor Levels**

Gold Level (includes business information in the re event, DJ announcer	_	
Silver Level	\$200	
(includes business information in the reg DJ announcer	istration bags, s nents every hou	
Bronze Level	\$100	
(includes business information in the reg DJ announceme	jistration bags, s ents every 2 hou	
Gift Cards/General D	onations	\$

Make checks payable to the Delmont Lions Club Foundation.

Attach a copy of your business information.

Mail to Delmont Lions Club, PO Box 52, Delmont, PA 15626.

Event is open to everyone, so bring your friends, family & neighbors for a fun filled day!! (No Pets)



Kerber's Dairy
Saturday, September 14, 2024 - 9am to 1pm

# \$15 Ticket Includes:

One round of mini golf
Hotdogs and light refreshments
Door prize entry
Performance awards

Scan the **QR** code or contact a member of the Norwin Lions Club to purchase your tickets!

Go to NorwinLions.Com for additional information

We thank you for your support!







Serving the Norwin Area Since 1955



# ZONE 1

**GREENSBURG EAST HEMPFIELD** – 9 members, including new member Barb Yates (sponsored by Dennis Yates). Eyeglass collection submitted 3419 pairs of eyeglasses for recycling. Plastic collection hit 1000 pounds for 2024. Regular monthly meeting for club activities held. Garden maintenance at St Clair Park. Sponsored, planned and executed a Cookout for the Camp Cadet program, feeding 55 Cadets and State Troopers a picnic dinner. Member attended Passing of the Banner.

**LATROBE-DERRY** – 28 members, including new member Dale C. Livermore. Weeding mini gardens in Latrobe, Food Bank, staffing museum.

MOUNT PLEASANT TOWNSHIP – 44 members. Due to the July 4th holiday, we held our July Hoagie and Pepperoni Roll sale the last weekend in June. On the evening of July 11th, we hosted our Annual Family Summer Picnic at Mammoth Park. We welcomed the widows of our deceased members. Also included were members of the Youngwood Lions Club. The evening of July 16th, our Mt Pleasant Lions Fair Committee met to finalize preparations for operating our food booth for the upcoming Westmoreland County Fair. Members attended Passing of the Banner.

**NEW FLORENCE** – 25 members. Held Membership Drive Steak Fry. Brickfest Festival is Aug. 10, 2024. Will be selling our hot sausage and brooms as a fundraiser. N.F. Comm. Development Craft Show is Sept. 22, 2024. Will be selling hot sausage, drinks and brooms as a fundraiser. Next meeting is Tuesday, Aug. 13<sup>th</sup>. Members attended Passing of the Banner.

## **ZONE 2**

**ROSTRAVER TOWNSHIP** – 48 members. Held our BBQ, it was a sell out again. Hosted a scholarship winner at an outdoor picnic, also had training on eye screening by PDG Tom Gregg. Participated in the Glengarry Golf Outing with 4 golfers and 3 volunteers. Members attended Pasing of the Banner. On going bags for benches. Plans in the making for a Mystery Dinner in October

**SEWICKLEY TOWNSHIP** – 9 members. Members attended Knights of the Blind planning meetings and volunteered at the Golf event. Members attended Passing of the Banner.

**YOUNGWOOD** – 35 members. Held a joint picnic with the Mt. Pleasant Twp. Club. Donated a \$100 basket to the Diabetes Association. Donated \$2,200.00 to the Youngwood Library. Recycled 232 pairs of eyeglasses. Members volunteered and attended Knights of the Blind Golf Outing. Members attended Passing of the Banner.

# **ZONE 3**

ALLEGHENY TOWNSHIP – 9 members. Continued with Meals-On-Wheels, held club meeting, helped at the KOTB golf outing, attended Passing Of The Banner, continued with selling Lions Brooms.

**DELMONT** – 37 members. Club collected 300 pair of used eyeglasses for recycling and sold 14 brooms in the month of July. Held Annual Ice Cream Social on July 15th-25 attended. 2 members attended and assisted at PA Beacon Lodge Camp's Lions Appreciation Day on July 21st. Members donated raffle baskets for PLAD, and the KOTB golf outing. 3 members attended & assisted the Golf prep meeting on July 24th and the golf outing itself on July 27th. 4 members attended the Club's joint Car Show meeting on July 18th and have been securing donations and sponsors. Club held fundraiser by selling raffle tickets for handgun. Member attended and assisted with serving meal on July 23rd at Camp Cadet. 10 club members assisted with and attended the Banner Passing Ceremony.

MURRYSVILLE – 18 members. JUNE: 2 dinner meetings; DGE Jeff installed 2024-25 officers; Presented Progressive Melvin Jones Fellowships to Lion Gerry Welborn and Lion Rick Semk; 2 members & 1 guest packed 1,530 senior boxes at the Westmoreland Food Bank (7.5 hrs.); 1 member packed 150 boxes at the Methodist Church food pantry (2 hrs.); agreed to donate 4 Murrysville coverlets for upcoming events; acknowledged receipt of a banner patch for PDG Margie Wolfe; 3 members & 2 guests packed boxes (bread & pastry) at Westmoreland Food Bank. JULY: 2

dinner meetings; filled backpacks at food bank; sold brooms at farmers market; attended car cruise meeting; delivered car cruise flyers to several local cruises; working on updating social media sites; 2 members attended Lions Appreciation Day at Beacon Lodge; club donated a basket & 1 member donated a basket for Beacon Lodge; attended golf outing meeting; continue collecting items for Manna bags for homeless shelter; continue collecting eyeglasses. Attended KOTB and Banner Passing.

**VANDERGRIFT** – 23 members. We continue to collect used eyeglasses, sell Lions brooms, collect and give out used hospital equipment.

## **ZONE 4**

**BUSHY RUN** – 36 members. Attended Knights of the Blind Golf Outing planning meetings and golf outing and Banner passing.

**LEVEL GREEN** – 36 members. Collecting eyeglasses, aluminum cans. Selling brooms, flags, and bin liners. Preparing for fall festival booth/September. Members attended Knights of the Blind Golf Outing and Passing of the Banner. **MANOR** – 17 members. Held a Chicken BBQ. Assisted in planning and procuring items for the Manor Community Day basket raffle. Also donated to Knights of the Blind Golf Outing's basket raffle.

**NORWIN** – 32 members. Attended Knights of the Blind Golf Open. Attended Passing of the Banner. Preparing for mini-golf event in September.

**TRAFFORD** – 6 members. Member met with Trafford Council members to start planning for upcoming recruitment efforts and holiday event. Attended Knights of the Blind Outing, Passing of the Banner.

THANK YOU to all the clubs reporting. REMEMBER – it is important to submit service reports to Lions International through the new portal. If you need assistance, please reach out to your zone chair. Lion Denise Poole is our District Administrator and can also assist with reporting when needed! She rocks.

THANK YOU to all the clubs reporting. REMEMBER – it is important to submit service reports to Lions International through the new portal. If you need assistance, please reach out to your zone chair. Lion Denise Poole is our District Administrator and can also assist with reporting when needed! She rocks.



# The Mark of Great Service

Lions lead by example. We always have and always will.

These keys to success can help you unlock your true service potential and inspire the Lions around you to do the same.







Murrysville Lion Dave Grace, PID Cindy Gregg KidSight Fellow



1VDG Lisa Gismondi, PID Cindy Gregg KidSight Fellow



PDG Charlie McGrew, PID Cindy Gregg KidSight Fellow

The annual **Passing of the Banner** took place at the end of July where the Delmont Lions club "passed the banner" to the Level Green Lions Club. IPDG Amy Thompkins honored several Lions with various awards to show appreciation for their help throughout the year.



PDG Chuck Thompkins, Progressive Melving Jones Fellow



Slickville Lion Amanda Remic, Leader Dogs for the Blind Silver Founders Tribute



Youngwood Lion Dave Long, Lion of the Year



PDG Sam Snively, Lion Doug Baum, Lion Bejo Nanni, Western PA Lions Hearing Fellow



Lion Denise Poole, DG Jeff Jordon, PDG Lance Remic, Progressive LOPF Fellow



Lion spouses Cathy and Jeff, Lion Steve and Lion Ryan, Carol Schumaker medals



Lion Barry Clegg, Lion John Millward, John Crone Award



Level Green Lions President Todd Zavolta, IPDG Amy Thompkins, DG Jeff Jordan, Level Green Lions Ryan Zavolta and Morris Aschkenas

# Check out the new Lions Diabetes Board of Allegheny and Westmoreland Counties Flyer! A copy of the flyer can be found in the email OR reach out to a LDBAW Board Member for some physical copies!



## DIABETES: AN IMPORTANT CAUSE

With the support of Lions Clubs International Foundation (LCIF), Lions worldwide are working to reduce the prevalence of diabetes and to improve the lives of those living with diabetes.

Researchers are projecting that 1.3 billion people will have diabetes by 2050 worldwide, the Washington Post reports. This would be more than double the current number — a looming epidemic that would mean increased societal and health costs as the chronic condition can lead to vision problems like diabetic retinopathy, hear issues, kidney failure, and a whole host of other problems. Diabetes is an epidemic that touches every corner of the globe.

Lions International and LCIF are dedicated to empowering Lions and LEOs around the world to fight diabetes by serving their communities one by one.



Since 1917, Lions Clubs have served with uncommon kindness, putting the needs of neighbors, communities, and the world first.

With over 1.4 million members around the world, and 50,000 clubs in more than 200 countries and regions, the Lions are the world's largest service organization.

The Lions mission is to empower Lions dubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding.

To learn more, visit lionsclubs.org online.

# DIABETES BOARD

# of Allegheny & Westmoreland Counties

A 501(c)(3) Charitable Organization





# We Serve.





The Lions Diabetes Board of Allegheny and Westmoreland Counties (LDBAW) partners with LPMC McKeesport and LPMC East in Allegheny County, and Independence Health (formerly Excela) in Westmoreland County.



UPMC McKeesport in McKeesport, PA



UPMC East in Monroeville, PA



Independence Health System - Westmoreland Hospital (formerly Excela) in Greensburg, PA

### MISSION

Since 1993, the mission of LDBAW has been to provide funding and educational support for those with diabetes who seek financial assistance to pay for their diabetes medications and supplies through three hospitals' programs.

Charitable funds are generated through ongoing contributions from all Lions Clubs located in Allegheny and Westmoreland Counties, annual events, community fund drives and grant assistance applications to Lions Clubs International, as well as other local funders.

Financial support of fundraising projects is also provided by the UPMC Health System Foundation and the Westmoreland Hospital Foundation.

### **ORGANIZATION**

LDBAW meets quarterly, and is comprised of voting, nonvoting, and reporting members.

- District Governors for Pennsylvania Lions Districts 14-B Allegheny County and 14-E Westmoreland County (voting)
- Five (5) board members per district, including each district's diabetes chairperson (voting)
- Two permanent board positions since the inception of the program in 1993 (voting)
- Hospital presidents, diabetes program coordinators, and physician directors are invited to board meetings for medication an education reporting only (non-voting)

 District First and Second Vice District Governors (non-voting).

### WHAT WE DO

LDBAW maintains the Lions Diabetes Emergency Relief Fund. Funds may be disbursed for medications for diabetes patients who reside in Allegheny and Westmoreland Countles, who meet income guidelines, and are unable to afford the cost.

Funds are disbursed directly to the UPMC McKeesport, UPMC East, Independence Westmoreland Hospital Pharmacy, and Med-Fast Pharmacy on a monthly basis. Requests for support are managed and monitored by each hospital's diabetes program coordinator.



### **HOW TO APPLY**

Applicants must be eligible based on total monthly/yearly income, monthly expenses, and medical need as determined by a physician.

UPMC McKeesport 412-357-7479 UPMC East

Westmoreland Outpatient Pharmacy 724-832-4255



AUG 23rd 7PM

Patriotic tunes, stirring marches, Big Band Jazz, movie themes and more!

by the pond

PENN TWP MUNICIPAL PARK 2001 MUNICIPAL CT. HARRISON CITY, PA 15636



# 2024-2025 DISTRICT 14-E PROJECTS DONATION FORM

CLUB	DATE
Beacon Lodge Camp for the Blind	\$
Care-A-Van	\$
Diabetes	\$
Disaster Relief Team Fund	\$
Eye Research	\$
Pediatric Cancer	\$
Leader Dogs for the Blind	\$
Lions Clubs International Foundation (LCIF)	\$
Lions of Pennsylvania Foundation	\$
PA Lions Hearing Research Foundation	\$
Western PA Lions Hearing Foundation	\$
Westmoreland County Blind Association	\$
Center for Hearing & Deaf Services	\$
TOTAL DONATION:	\$

Please note: If your club has not already submitted donations, they must be received by May 1, 2025, to receive credit for the 2024-2025 Lions Year. Donation checks should be made out to **District 14-E Lions** and this form should accompany the check. Please mail check to Cabinet Treasurer, IPDG Amy Thompkins 309 Beechwood Rd Greensburg, PA 15601. Donations can be submitted to District Governor Jeff before the deadline.

# 2024 – 2025 District 14-E Cabinet Members

District Governor	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
Vice District Governor	Lisa Gismondi	Delmont	Lisgis67@gmail.com	724-454-3653
District Secretary	Kara Knode	New Alexandria	kpurvis77@yahoo.com	724-689-5560
District Treasurer	IPDG Amy	Delmont	amoose309@yahoo.com	724-551-0327
	Thompkins			

# District Global Action Team (GAT) Coordinators

Leadership	PDG Chuck Thompkins	Delmont	Chuckt309@yahoo.com	724-989-8250
Membership	PDG Lance Remic	Slickville	Iremic@hotmail.com	724-309-6750
Service	PDG Charlie McGrew	Sewickley	Cjmcgrew1@verizon.net	724-446-2546

# **Zone Chairpersons**

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Zone 1	Ron Brown	Youngwood	heatmastr@comcast.net	412-610-2003		
Zone 2	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646		
Zone 3	Lisa Gismondi	Delmont	Lisgis67@gmail.com	724-454-3653		
Zone 4	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646		

### Communications

Communication/Publicity	John Russo	Norwin	apdjr@aol.com	724-864-3844
Website	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
Newsletter	Lisa Gismondi	Delmont	news.lions14e@gmail.com	724-454-3653
District Admin (Club	Denise Poole	Norwin	dypoole@comcast.net	724-787-6183
Reporting Support)				
Social media	Amanda/Lance	Slickville	akbrant@atlanticbb.net /	724-984-7644
	Remic		lremic@hotmail.com	724-468-4626

# **IMPORTANT WEB ADDRESSES**

District 14-E Lions.......www.lions14E.org
Leader Dogs for the Blind......www.leaderdog.org
Lions Clubs International......www.lionsclubs.org
PA Lions Beacon Lodge Camp......www.beaconlodge.org
PA State Council of Lions Clubs......www.palions.org
Lions of PA Foundation......www.lionsofpafoundation.org
Western PA Lions Hearing Foundation......www.wpalhf.org

Like us on Facebook: District 14-E Lions

Please consider a Personal Contribution to either of these two charities to supplement Club Donations. Thank You!

https://fourdiamonds.donordrive.com/index.cfm?fuseaction=cms.page&id=1175

https://www.lionsclubs.org/en/donate